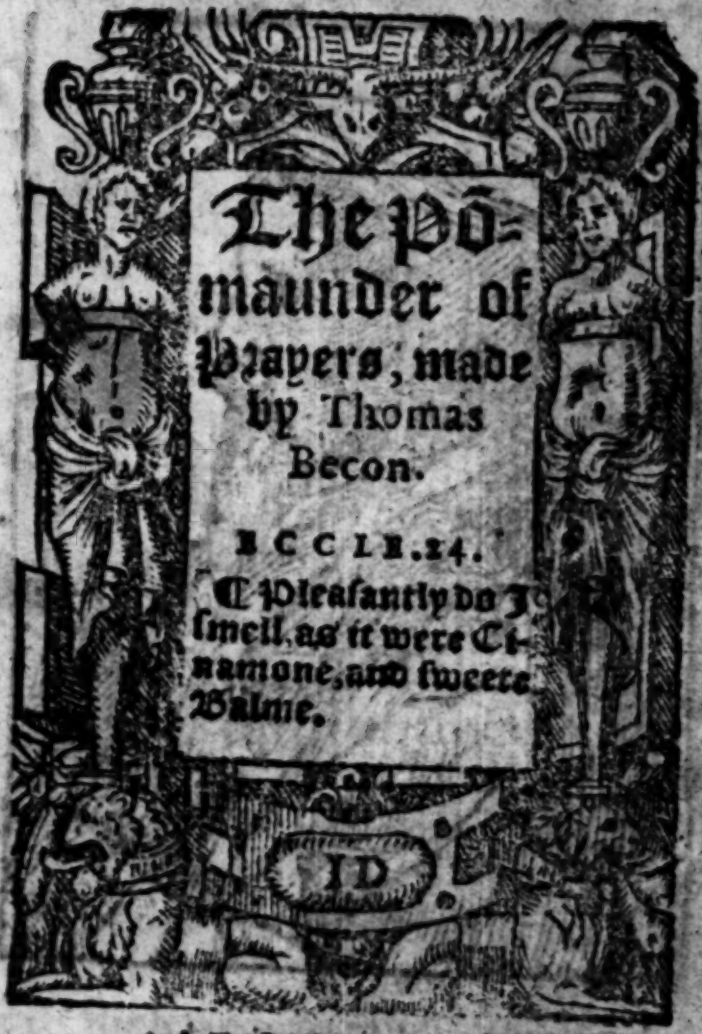


AT LONDON.
Printed by John Daye.
Cum priuilegio Regiæ Maiestatis.

Ora expressa vides vivas imitantia vultus,
Quod potuit calamo Pictor, et arte vides:
Mentis, quam nullus potuit tibi reddere Pictor
Effigiem scriptis, præbuit ipse suis.

HOw needefull (good Christian Reader) prayer is, the manifolde calamities of this miserable lyfe, our Sauiour Iesus Christ, the Apostles, & other holy fathers doe throughly teache vs. And for that prayer is a mournyng, and a desire of the spirite to Godward for that which she lacketh, euē as the sicke sorroweth in his hart, longyng for health: whereby (being reconciled to God by faith) we may enioy the thyng we craue, or haue neede of: how desperate may we be thought thē to shew our selues slacke therin? how worthely suffer we daungers, that wilfully incur the same? or which we may easily auoyde, if we will our selues? Pray therefore,

in all places, and at all tymes, remember the readines of Gods gracious loue, his gentlenes, & kindnes: who biddeth vs to aſke, and it ſhall be geeuen, to knock: and it ſhall be opened. And whenſoeuer thou laboureſt, and art burdened, be thou aſſured the Lord will offer himſelfe to be reconciled, if thou thy ſelfe be willing wyth faythfull prayer to call for the ſame. To the furtheryng whereof, and to make thee the more prone thereunto, thou haſt heere a manuell, or (as I may better ſay,) a ſweet pommander of prayers, wherein thou haſt of al ſorts to apply vnto thy reliefe, as time and neceſſitie ſhall moue thee in that behalfe.

The pomander of prayers.

☞ The prayer for the Morning.

RENder vnto thee, (O heauēly Father,) most harty thankes by thy deare Sonne Iesus Christ, that this night past, thou hast vouchedsafe of thy fatherly goodnesse, to preserue mee from all euill, and to geue my

body reſt & ſleepe: I
now moſt entirely
beſeeche thee that as
thou haſt rayſed vp
this my body from
ſleepe: ſo likewiſe ỽ
wilt deliuer my mind
frō the ſleepe of ſinne,
and frō the darkenes
of this worlde, that I
walkyng in the lyght
of thy bleſſed worde
may onely do that is
pleaſaunt in thy ſight
profitable to myneigh
bour

bour and healthful to my soule. Amen.

A prayer for the Euenyng.

I Most hūbly thāke thee, O mercyfull father, for preseruyng me this day from all misfortunes, and for thy other benefites wherewith thou hast plēteously blessed me. I beseech thee forgeue me al my sins, wher-

with I haue offended thy fatherly goodnes, from the very beginning of my lyfe, vnto this present houre, & take me this night into thy tuityon, that mine enemyes, maye haue no power ouer me, but that my body enioying a sweete sleepe, my minde may cõtinually watch vnto thee, and through faith beholde thy blessed

sed maiestye w̄ a per fect hope after thys frayle and transitory lyfe, to possesse that immortall and hea-uēly life, where thou gloriously liuest, and reignest with thy on ly begotten sonne, & the holy Ghost, one true, and euerlasting God, worlde with-out end, Amen.

¶A prayer for the for-geuenes of sinne.

O My Lord & onely Sauiour Jesu Christ, which camest into this worlde to take away the heauy burdens of them that were loden, to seeke that was lost, to call sinners vnto repentaūce, to geue euerlasting life to ỹ faithful, and to be a mediator betweene God the father and vs: I poore and wretched sinner

from

frō the very hart la-
ment, and inwardly
bowayle my sinfull &
wretched life, desiring
that for thy promise
sake according to thy
mercifull wont, to be
my mediatour & ad-
uocate vnto God the
father, ỹ he may for-
geue me all mine old
sinnes, and so wholy
possesse my harte by
his blessed spirit, that
he may defend, me a-

gaynst

gaynst all perils to come, which the deuill, the world, or the flesh, imagyneth against me, & so chāge me into a new man, that mine old sinnes being wiped awai in thy precious blond I may walke frō vertue, to vertue, vnto the glory, and praise of his blessed name, Amen.

A prayer

¶ A prayer vnto God the father.

THy dearelye belo=ued ſonne (o moſt louing father,) taught vs in his holy goſpel, that to know thee to be ſ alone true God, is euerlaſting lyfe. Graunt therefore we beſeeche thee, that we may truly know thee, euē as we are taught by thy holy word, be=leue with the hart, (t con=

cõfesse with ỹ mouth, that thou alone art the true liuing & immortal God our heauenly father, our maker, our preserver, & our defender, that we thus beleuing & confessing, may through thy sonne Christ become heyres of euerlasting life: and as we thus beleue and confesse of thee: so geue vs grace to shewe

forth

forth this our faith by godly conuersation & vertuous liuing, that men seeing our good workes maye glorify thee our heauenly father, to whō be praise for euer. Amen.

¶ A prayer vnto God the Sonne.

O Lord Jesu Christ the sonne of the liuyng God, yea, very God him selfe begotten of God the father from

frō euerlasting & cō-
tinuing true and im-
moztall God, wozlds
without end: by thee
all things were made
both in heauen and in
earth. By thee also
they be conserued and
kept in a goodly ozder
thou art the bryght-
nes of thy fathers glo
ry, thou art the very
image of his substāce,
in thee are hid all the
treasures of wisdome

and.

and knowledge, in thee dwelleth all fulnes, by thee are we reconciled to God the father, by thee ar we set at peace with him through the bloud of thy cros, by thee we haue free acces vnto the glorious throne of gods maiesty, and by thee ar we brought in through faith vnto this grace, where in we stād & reioice,

in hope of ye glory of God: we thanke thee for all thy benefites, and most humbly beseche thee to geue vs grace faithfully to beleue in thee, stedfastly to confesse thee true God, and true man, earnestly to acknowledge thee our alone redemer, sauiour, satisfier, reconciler, intercessour, mediator, and aduocate, that we

altogether depēdyng on thee and thy meri-tes, on thy blessed pas-sion, precious death, & glorious resurrec-tion, may study tho-rough thy grace, so to order our lyfe in true holynes and in-nocencye, that at the day of iudgemēt thou mayst presēt vs both body and soule vnto thy heauenly Father, and so for euer and e-

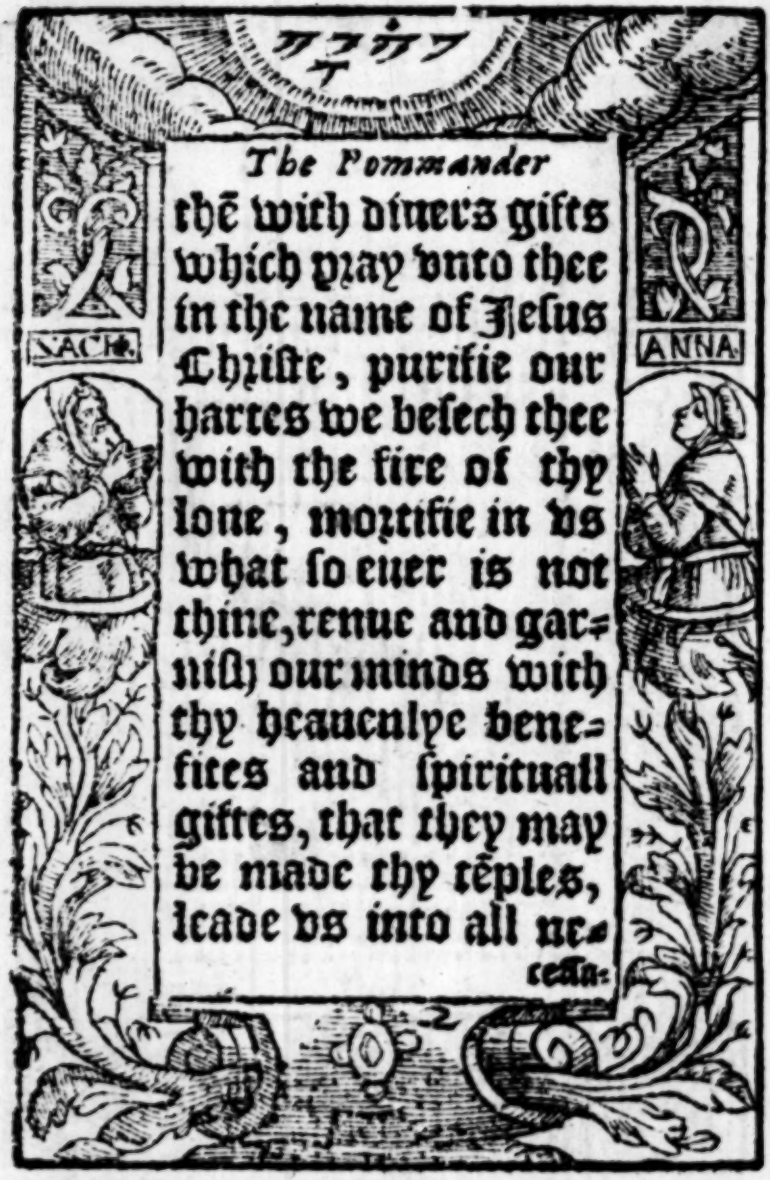
uer place vs in thy glorious kingedome, Amen.

Vnto God the holy Ghost.

O Holy and blessed spirite, which being true and euerlasting God, with God the Father, and God the Sonne proceedest from them both, ful of maiestye and power, which also, with thy heauely breath quick-

nest

neſt the minds of thē that afore were dead through ſynne, makeſt mery the hartes of the faythfull penitent, bringſt into the way of truth all ſuch as haue erred & are decеyued, ſetteſt at one, ſuch as were at bate, comforteſt the ſoules of them that hunger and thirſt after righteouſneſſe, & plēteouſlie enricheſt



thē with diuers gifts which pray vnto thee in the name of Jesus Christe, purifie our hartes we beseech thee with the fire of thy lone, mortifie in vs what so euer is not thine, renue and garnish our minds with thy heauenlye benefites and spirituall giftes, that they may be made thy tēples, leade vs into all ne-

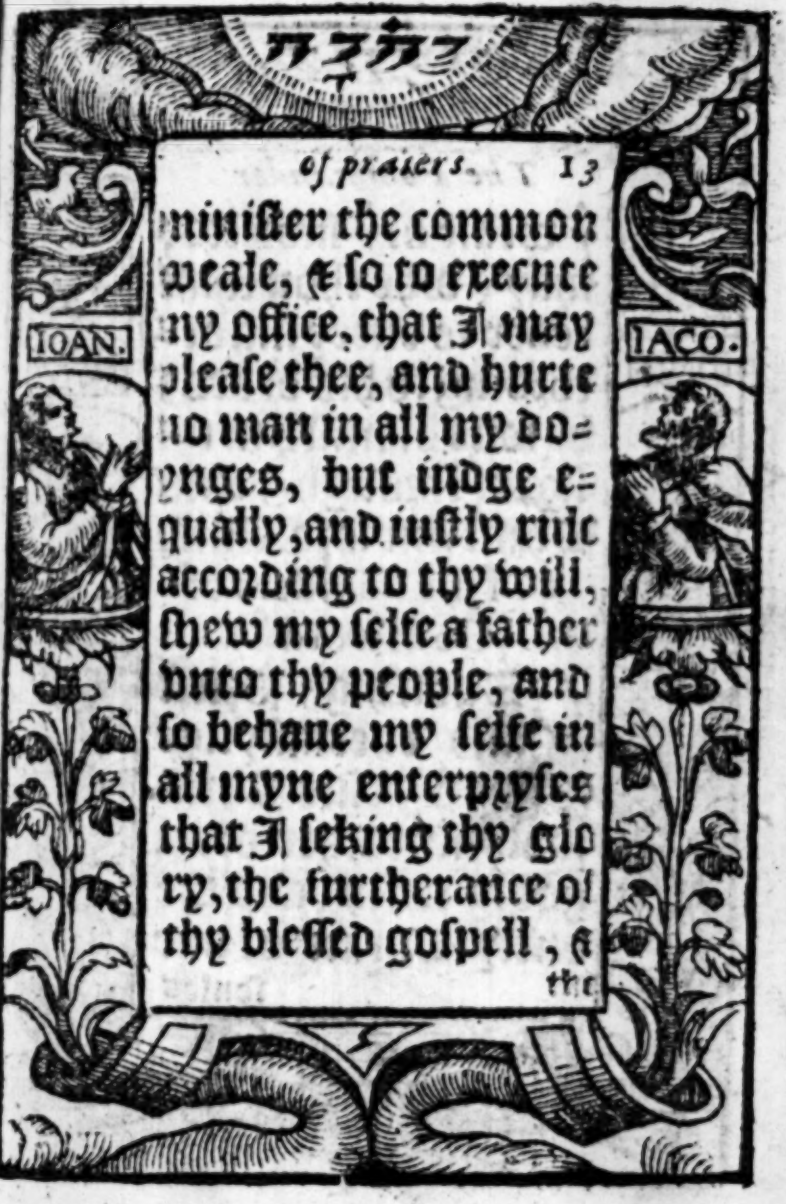
cessa-

ceſſary truth, ſuffer vs not to be caryed about with diuers & ſtraũge doctrine, but alway to remaine in that doctrine, whereof thou alone art the author, enarme our ſoules againſt ỹ craftye aſſaultes of ſubtill Sathan, agaynſt the vayne pleaſures of ỹ wicked worlde, and againſt the leud luſtes of filthy fleſh, that we

being replenyshed wᵗ thy holy breath, may do that onelye which is acceptable in thy godly sight, Amen.

Prayers of the Magistrates.

FOr as muche as it is thy godly pleasure o king of kings, & Lord of Lordes, to appoynt mee among other, a ruler of thy people geue me grace I beseeche thee, so to mis



minister the common weale, & so to execute my office, that I may please thee, and hurte no man in all my doynges, but iudge equally, and iustly rule according to thy will, shew my selfe a father vnto thy people, and so behaue my selfe in all myne enterpryses that I seking thy glory, the furtherance of thy blessed gospell, &

ye weale of ye subiects, may (whē thou shalt rēder to euery mā accoꝛding to his ordes) be foūd blamles in thi sight, thꝛough Jesus Chꝛist our loꝛd. Amē.

¶ Of the ministers of Godsword.

O Thou high Pꝛiest and euerlastynge Bishop Jesus Chꝛist ye alone teacher of all godly truth, and the onely Curate of our soules

soules, which by thy holy worde haste appointed some of thy cõgregatiõ to be ministers and preachers of thy blessed lawe & glorious Gospell, that by this meanes (the holy Ghost also worlyng) they may call sinners vnto repẽtãce, preach remission of sinnes in thy name, perswade vnto vertue, and dissuade from

IACO.

PHI.

from vice: forasmuch as it hath pleased the to call me, an vnprofytable seruaunt, vnto that holy office of ministratyon, and to make mee a preacher of thy worde, I most humblye beseech thee to geue mee thy holy spiryte, which maye leade me into al truth instruct mee with the knowledge of thy holy misteries, and thorough

rought hys heauen=
y inſpiration ſo pre=
pare my hart, and or=
der my tongue that I
may neyther thinke,
breath, nor ſpeake any
thinge, but that maye
turne vntothy glory,
& the edyfying of thy
flocke. Graunt alſo,
that what ſo euer I
preache in woorde, I
may fulfyll the ſame
in worke vnto the ex=
aumple of that thy

flock

flock, which thou hast purchased with thy precious blond, that when thou the chief shepheard shalt appeare, I being found faythfull in my office, maye thorroughe thy goodnes receaue the incorruptible crown of glory. Amen.

¶ Of subiectes, or commons.

AS it is thy godly appointmēt,

MAT.

MAR.

O Lorde God, that some shoulde beare rule in this world to see thy glory set forth and the comun̄ peace kept: so it is thy pleasure agayn, that some should be subiectes, & inferiours to other in their vocation, although before ẏ there is no respect of persons. And forasmuch as it is thy good will to appoint me in the

number of subiectes, I beseech thee to geue me a faithfull and an obedyent harte vnto the hye powers, that there may be founde in me no disobediēce, no vnfaithfulnes, no treason, no falshood, no dissimulation, no insurrection, no commotiō, no cōspiracy, nor any kynde of rebellyō in worde or in dede against the ciuil

Magistrates, but all faithfulnes, obedience, quietnesse, subiection, humilitie, & what soeuer else becommeth a Subiect, that I liuing here in al lowlinesse of minde, may at the last day through thy fauor be lifted vp vnto euerlasting glory, where y with the father, & the

holy Ghost, liuest and reignest very God for euer. Amen.

MA.M.

MA.I.

Of Fathers and Mothers.

The fruite of the wombe, & the multitude of children is thy gifte and blessing (O Lord) giuen to this ende, that they maye liue to thy glorie, and the cõmoditie of their neigh-

neighboz. Foꝛaſmuch therfoꝛe as thou of thy goodneſſe haſte giuen me childꝛen: I beſech thee giue me alſo grace to trayne them vp euen from their cradles in thy nourture and doctrine, in thy holye lawes and bleſſed oꝛdinaunces, that from their very young age, they may

knowe thee, beleeue in thee, feare & loue thee, and diligẽtly walke in thy cõmaundements, vnto the prayse of thy glorious name. Amen

Of children.

THou haste giuen a cõmaundement in thy lawe (O heauenly Father) that children should honor their fathers and mothers: I

most

moste humbly beseche
thée therfore to breath
thy holy spirit into my
breft, that I may reue
rence & honor my Fa-
ther & Mother, not on-
ly with outwarde ge-
stures of my body, but
also with the vnfained
affection of the heart,
loue them, obey them,
pray for thē, helpe thē,
and do for them, bothe

in worde & déed, whatso
euer lieth in my po-
wer, that thou séeing
mine vnfayned harty
good will towarde my
parents maist become
my louing heauẽly fa-
ther, & number me a-
mõg these thy childrẽ,
whõ ỹ hast appoynted
frõ euerlastiug heires
of thy glorious king-
dome through thy wel

beloued sonne Jesus Christ our lord. Amē.

Of Masters.

Thy commaundement is by thyne holy Apostle (O most merciful lord Christ) that masters shoulde entreat their seruantes gently, putting away threatninges, and doing that vnto thom whiche is iuste

and equall, forasmuch as we also haue a maſter in heauen, with whō ther is no reſpect of perſons: Graunt I moſt hartily pray thée, that I maye ſo order my ſeruaunts, that I attempt none vnrighteouſneſſe againſt thē, but ſo vſe my rule and authoritie ouer them that I may alway remem-

member that thou art the cõmon Lord of all, and we al thy seruãts: againe that I may not forget that we be all brothers, hauing one father, which is in heauen, & loke for one glorious kingdom, where thou with the father and the holy Ghost, lyuest and reignest true and euerlasting God,

for euer. Amen.

Of seruaunts.

IACO.

O Lord we are commaunded by thy blessed Apostles, that we should honor and obey our bodily masters with feare and trembling, not only if they be good & curteous, but also thoughe they be froward, and serue thē, not vnto the

PHI.

eye, as men pleasers, but with singlenes of hart, not churlishly answering thē again, nor picking, stealing, or cōueying away any part of their goods vnmustly but shewing all good faithfulnesse vnto our masters, as thoughe we serued God & not mē. Graunt me grace I moste humbly be-

seche

IOAN.

IACO.

ſéeche thée, ſo to ſerue my maſter, & my ſuperiours, that there may be founde no faulte in me, but that I behauing my ſelfe vpright-ly, iuſtly, faithfully, & truly in my vocation, may do worſhip to the doctryne of thée my God and ſauiour in all things. Amen.

Of

Of Maydes.

There is nothing ỹ becommeth a maid better than ſilence, ſhamefaſtnes, & chaſtitie of both body & mind. For theſe things beeing once loſt, ſhe is no more a maid, but a ſtrũpet in the ſight of god: howſoeuer ſhe diſguyſeth hir ſelfe, & diſſembleth with the worlde.

I therfore most humbly beseech thée (O mercifull father) frō whō commeth euery good & perfect gift, & without whom we are able to do nothing, that thou wilt so order my tong, & dispose my talk that I speake nothing but that becommeth my state, age, and person, neither that I delight

to

to heare any talk, that mighte in any poynte moue me to lewdnes, seeing that euil wordes corrupt good maners. Giue me also suche shamefastnesse as may plucke me away from the delectation, eyther of thinking, speaking, hearing, seeing, or doing euil, that my whole delight may be in ver-

tue,

tue, in godlinesse, in eschewing idlenesse, in giuing my selfe continually to some godly exercise, but aboue all things in thinking and speking of that, in reading thy blessed worde & heauenly law, which is a lanterne to my féete, and a light to my pathes. Moreouer suffer neither my mind to

be defiled with euill thoughts, nor my body to be corrupted with any kinde of vnclēnes, but giue me grace so to order my selfe in eschewing idlenesse and wanton wicked companie, that my minde being frée from euil affects, & my body cleare frō al vnclēnes, I may be found a mæte tem-

ple for the holy Ghost
to inhabite, and if it be
thy good pleasure here-
after to call me vnto
the honorable state
of matrimonie, that I
may bring also vnto
my husbande a pure &
vndefiled body, and so
liue with him in thy
feare vnto the prayse
and glory of thy bles-
sed name. Amen.

Of single men.

LOrd thou hast cõmaunded by thine holy Apostle, that we should abstayne from fornicatiõ, and that euery one of vs should know howe to keepe hys vessell, that is to say, his body in holinesse and honour, and not in the lust of concupiscences as doo the

heathen which knowe
not God: I beseech ther
giue me grace to be-
haue myself accordinge
to this thy holy cõmã-
dement, that in thys
time of my single lyfe
I defile not my body
with whordome or ũ
any other vnclennes:
but so order my selfe
with all honestie and
purenes of lyfe, that I

maye glorifie thée my
Lord God both in bo-
dy and spirit. Amen.

LVC.

IOA.

Of Husbands.

FOrasmuch (O heauēly father) as thou
hast called me frō the
single life, vnto the ho-
ly state of honorable
wedlock, which is thy
good & blessed ordinā-
ce for all them to liue in,
that haue not the gift

MAT.

MAR.

of continence, and hast
giuen me a woman to
wife, ỹ I liuing with
hir in thy feare may a-
uoyd al vnclennesse. I
most hartily pray thee
giue me grace to liue
with hir accoꝛding to
thy godly pleasure: kil
in me al filthy & fleshly
lusts: suffer me not to
delight in any straũge
flesh, but to content

my selfe only with hir loue, to loue hir as Christ loued the congregation, to cherishe hir as I would cherish mine own body, to prouide for hir according to my abilitie, to instruct hir with ye knowledge of thy blessed word, quietly and peaceably to liue wt hir, and to agree togither

n ſuch perfect concord
nd vnitie, as is found
mõg many members
in one body, ſeing now
hat we alſo are no
more two, but one
leſh, that other ſéeing
our godly & quiet con-
uerſation, may hereby
be prouoked to forſake
heir filthy liuing, and
o imbrace ỹ holy ſtate
of honorable wedlocke
vnto

vnto the glory & praise of thy holy name. Amē

Of VViues.

O Lord forasmuche as thou of thy fatherly goodnesse haste vouched safe to keepe me frō my tender age vnto this present, and haste nowe called me frō my single life, vnto ỹ holy state of honorable wedlock, that I

liuing therin, might ac
cording to thine ordi-
nance bring forth chil-
dren vnto thy glory.
Giue me grace I moſt
entirely beſeeche thee
to walk worthy of my
vocatiõ, to knowledge
my huſbande to be my
head, to be ſubiect vn-
to him, to learne thy
bleſſed worde of hym,
to reuerence hym, to

obey hym, to please hym, to be ruled by hym, peaceably & quietly to liue with hym, to weare such apparel as is meete for my degree, & by no meanes to delight in costly iewels & proude gallant vestures, but alway to vse such clothing as becõmeth a sober christen woman, circumspect-

BAR.

MAT.

spectly and warely to
looke vnto my house-
hold, that nothing pe-
rishe through my neg-
ligence, and alwayes
haue a diligēt eye that
no dishonestie, no wic-
kednes, no vngodlines
be committed in my
house, but that in it all
thingsbe ordred accor-
ding to thy holy wyll,
which art worthy all

honor, glory, & prayse, for euer & euer. Amen.

A prayer for vvomen with child.

THou O Lorde, art wõderfull in al thy works, & whatsoeuer thy good pleasure is, ỹ doest thou easily bring to passe, nether is any thing impossible with thee, ỹ thou wilt haue done. And albeit this

thine

thine almighty power
sheweth it selfe abun-
dantly in al thy wo2ks
yet in the conceyuing,
fo2ming and b2inging
fo2th of man, it shineth
most euidently. At the
beginning, O heuenly
father, whē thou ma-
dest man and woman,
thou cōmandest them
to encrease, multiplie,
and replenish ỹ earth.

SIMEO. IAN. B.

If through the ſubtill entiſements of Satan they had not trãſgreſſed thy cõmandement by eating the forbidden fruite, the woman whom thou haſte appoynted the orgayn inſtrument, and veſſell to conceyue, nouriſhe, and bring forth man through thy wonderfull workmanſhippe, had

PAVL.

SIMI.

had withoute any la-
bour, payne, & trauell,
broght forth hir fruit.
But that whiche thy
goodnesse made easie,
sinne and thi inobedience
hath made hard, payn-
full and dangerous: &
if thy helpe were not,
impossible it were to
be brought to passe, so
that nowe all women
bring forth their chil-

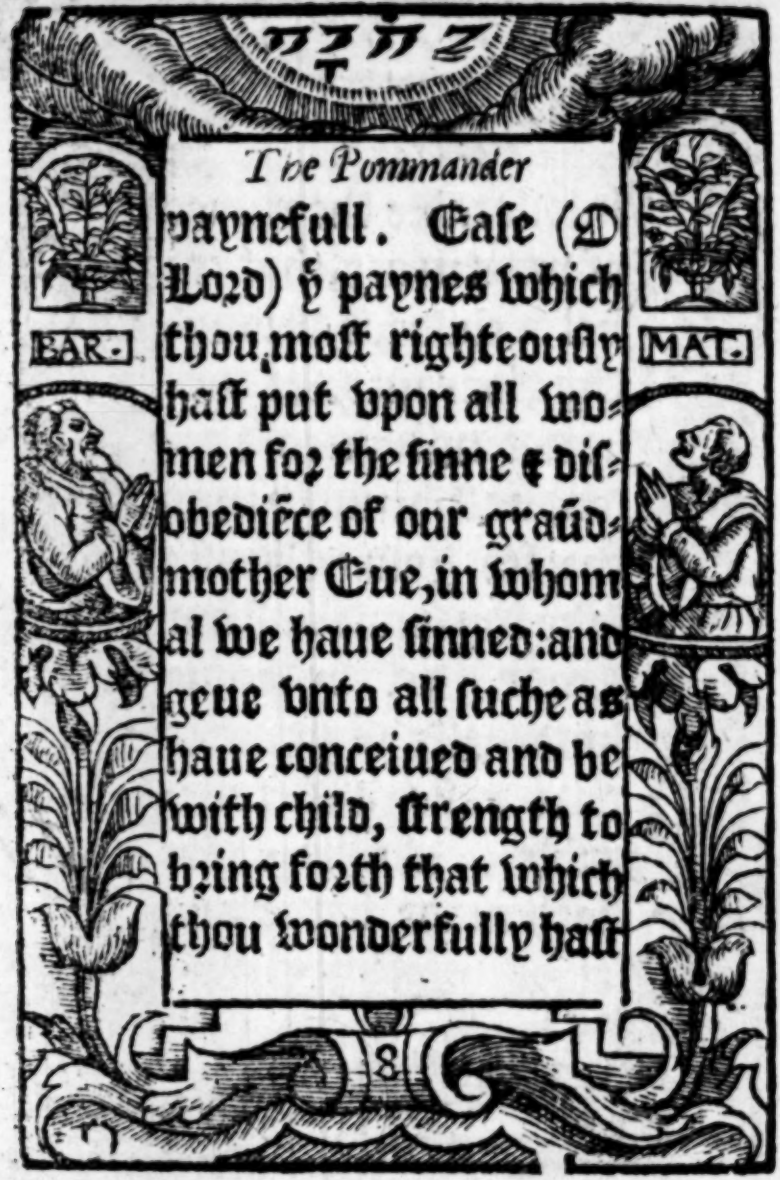
dzen in great sozowes,
paynes, and troubles.
Notwithstãding thou
shewest thy selfe vnto
thy creatures a father
of mercies, and God of
al consolatiõ. For that
whiche throughe theyr
owne imperfection and
feblenes, they are not
able of them selues to
bring to passe: thou the-
rough thine vnspeak-

MAT.

MAR.

ble power makest it easy in them, & bringest vnto a fortunate end. We therfore being fully persuaded of thy bountie and readie goodnesse, of thy present help, of thy swete comfort in al miseries and necessities, knowing also by the testimonies of thy holy worde how great and

intollerable the paines of women are, that trauel of childe, if through thy tẽder mercies they be not mitigated & eased, most humbly pray thee for Jesus Christs sake thy sonne and our Lorde, that thy louing kindenesse may make that easie and tollerable, whiche sinne hath made harde and



paynefull. Eaſe (O Lord) ỹ paynes which thou moſt righteouſly haſt put vpon all women for the ſinne & diſobediẽce of our graũdmother Eue, in whom al we haue ſinned: and geue vnto all ſuche as haue conceiued and be with child, ſtrength to bring forth that which thou wonderfully haſt

wrought in them. Be
present with them in
their trouble, helpe the
and deliuer them. Let
thy power be shewed
no lesse in the safe bring
ging forth, then in the
wonderfull fashioning
of the childe: that that
which thou hast begon
in them, may come vn-
to good successe. Make
them glad and ioyfull

mothers, that they thorough thy goodnes bée-ing safely deliuered, & restored to their olde strength, may liue and praise thi blessed name for euer. Amen.

Of Housholders.

TO haue children & seruauntes, is thy blessing (O Lord:) but not to order them accoording to thy worde

deserueth thy dread-
full curse. Graunte
therfore, that as thou
hast blessed me with
an householde: so I
may diligētly watch,
that nothing be com-
mitted of ỹ same, that
might offende thy fa-
therly goodnesse, and
be an occasion of tur-
ning thy blessing in-
to cursing, but that so

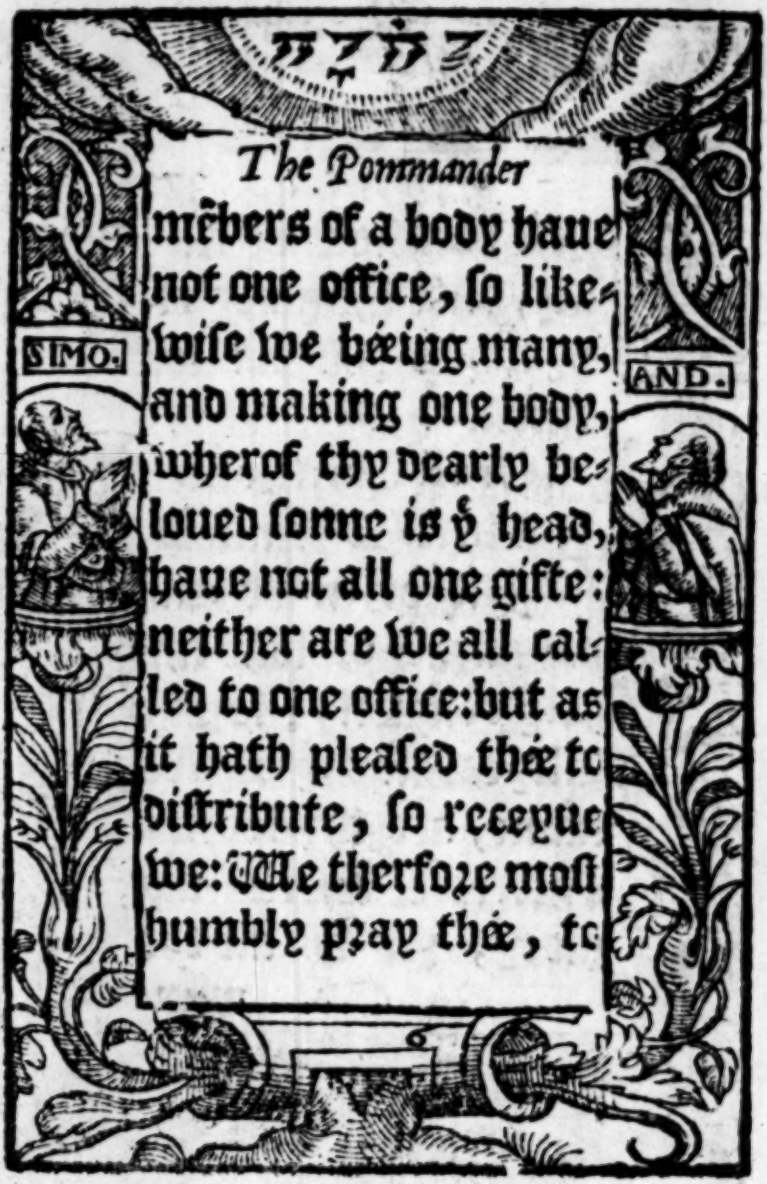
many as thou hast cõ-
mitted to my charge,
maye eschue all vice,
embrace all vertue,
liue in thy feare, call
vppon thy holy name,
learne thy blessed com
maundementes, heare
thy holy worde, and a-
uoyding idlenes, dili-
gently exercise them-
selues euery one in his
office, according to

their vocation and cal-
ling, vnto the glory of
thy moste holy name.
Amen.

¶ Of all Christians.

ALbeit (O heauenly
Father) al we that
vnfainedly profesſe thy
holy religion, & fayth-
fully cal on thy bleſſed
name, are thy ſonnes
& heires of euerlaſting
glory, yet as all the

mẽbers of a body haue not one office, so likewise we bẽing many, and making one body, wherof thy dearly beloued sonne is ỹ head, haue not all one gifte: neither are we all called to one office: but as it hath pleased thée to distribute, so receyue we: We therfore most humbly pray thée, to



sende the spirit of loue and concord among vs, that without any disorder or debate, euery one of vs may be content with oure calling, quietly liue in ỹ same, study to dw good vnto all men by the true and diligente exercise thereof, without too muche seekyng of our owne priuate gayne,

and

and so order our life in al poynts according to thy godly will, that by weldoing we may stop the mouthes of suche fœlishe and ignorante people, as report vs to be euill doers, & cause them thorough good workes to glorifie thæ our Lorde God in the daye of visitation. Amen.

For the grace and fauour of God.

WHosoeuer liueth wout thy grace, & fauour, O most gracious and fauourable Lorde, although for a time he waloweth in all kind of fleshly pleasures, & abounde with two muche worldly riches, yet is he nothing els but the wretched bond-

bondslaue of Satan & the vile dunghil of sin. All his pleasure is extreme poyson, all hys wealth nothing but playne beggerie. For what felicity can there be, wher thy grace and fauour wanteth? But where thy grace & fauor is present, though the diuel rore, ye world rage, ye flesh swel, there

IACO. PHI.

is true blessednes, vn-
fained plesure, & conti-
nuall wealth. Powre
down therfore thy he-
uenly grace, & fatherly
fauour vpon vs, that
we beeing assured of
thy fauorable godnes
towardes vs, maye
reioyce and glory in
thee, and haue merry
hartes when so euer
we be moste assayled
with

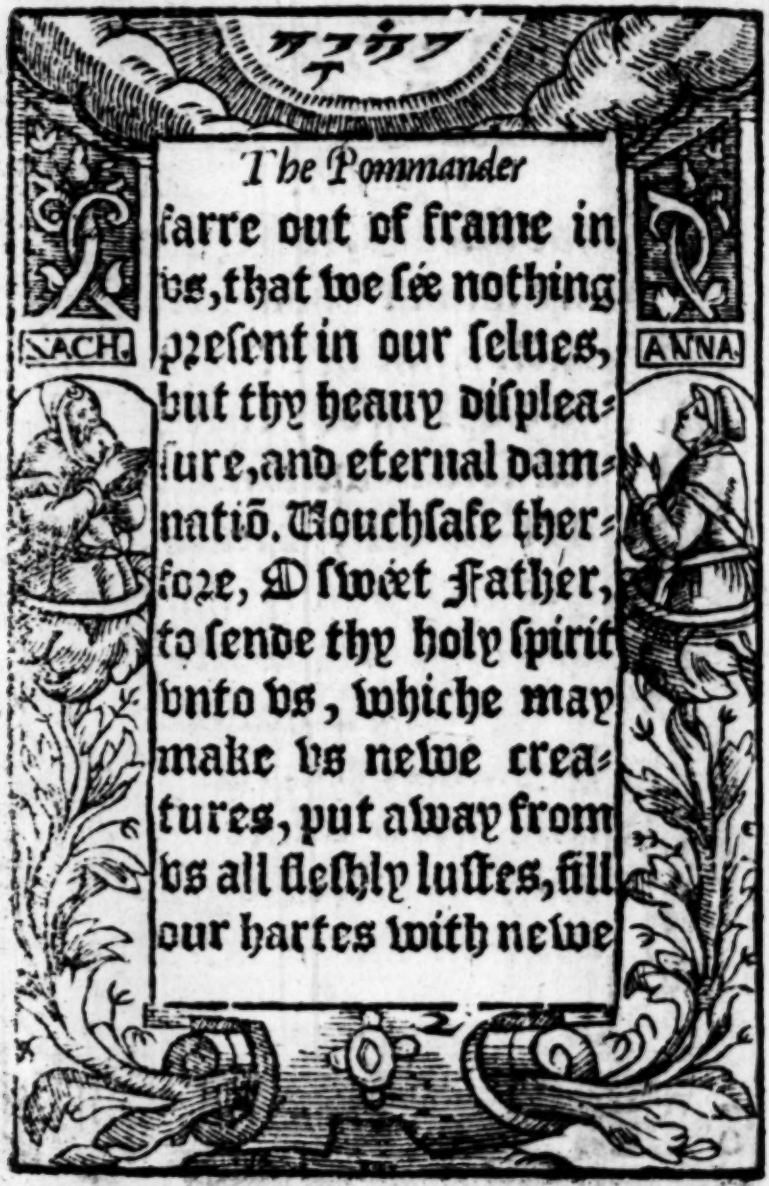
with any kinde of aduersitie, be it pouertie or sickenesse, losse of friends, or persecution for thy names sake, to whom be glorie for euer. Amen.

¶ For the gift of the holy Ghost.

SO frayle is our nature, so vile is our flesche, so lewde is our harte, so corrupte are our

our affectes, so wicked are all our thoughtes euen from our childehood vpwarde, that of our selues we can neither thinke, breath, speake, or do any thing that is prayse worthy in thy sight, O heauenly Father, yea, except thou doest assiste vs with thy merciful goodnes, all things are so

farre out of frame in vs, that we ſée nothing preſent in our ſelues, but thy heauy diſpleaſure, and eternal damnatiõ. Vouchſafe therfore, O ſweét Father, to ſende thy holy ſpirit vnto vs, whiche may make vs newe creatures, put away from vs all fleſhly luſtes, fill our hartes with newe



affectes, and ſpirituall
noticus, and ſo altogi-
ther renue vs bothe in
body & ſoule throughe
his godly inſpiration,
that we may dye vnto
olde Adam, and lyue
vnto thee in newneſſe
of lyfe, ſeruing thee
our Lorde God in holi-
nes and righteouſneſſe
all the days of our life.
Amen.

¶ For the true knovvledge of our ſelues.

IOSEPH

MARIA

IT is written in thy holy Goſpel, moſt louing ſauioꝛ, that thou cameſt into this woꝛld not to cal ẏ righteous, that is ſuche as iuſtifie them ſelues, but ſinners vnto repentance. Suffer me not therefoꝛe (O Loꝛd) to be in the nũber of thoſe iu-

sticiaries, whiche boa-
sting in their own righ
teousnesse, their owne
workes and merites
despise the righteous-
nes that commeth by
fayth, whiche alone is
alowable before thée.
Geue mée grace to
knowe, and to knowl-
ledge my self as I am,
euen ỹ sonne of wrath
by nature, a wretched

SIMEO.

sinner, and an vnprofi-
table seruant, & whol-
ly to depende on thy
mercifull goodnesse w̄
strong and vnshaken
fayth, y in this worlde
thou mayst continual-
ly cal me vnto true re-
pentance, seeing I con-
tinually sinne, & in the
worlde to come bring
me vnto euerlasting
glory. Amen.

IAN. B.

¶ For a pure and a cleane hart.

THe harte of man naturally is lewd & vnsearchable throughe the multitude of sinnes, whiche as in a stinking dunghill lyeth buried in it, in so much that no man is able to say, my hart is cleane, & I am cleane from sinne. Remoue

from me therefore, O heauenly Father, my lewd, stony, stubborne, stinking, and vnfaythful hart, create in me a cleane harte fræ from all noysome & vngodly thoughts. Breath into my harte by thy holy spirite, godly and spirituall motions, that out of the good treasure of the hart, I may bring

forth good things vnto the prayse & glory of thy name. Amen.

For a quiet cõscience.

THe wicked is like a raging sea, whiche is neuer in quiet, neither is there any peace to the vngodly: but suche as loue thy lawe (O Lorde) they haue plentie of peace, they haue quiet min-

des and contented con-
sciences, whiche is the
greatest treasure vn-
der the sunne, geuen
of thee to so many as
seeke it at thy hande,
with true fayth, and
continuall prayer.
Geue me (O Lorde)
that ioyfull Iewell,
euen a quiet mind and
a free mery conscience,
that I being free from

the damnable accusa-
tions of Sathan, from
the craftie perswasi-
ons of the worlde, from
the subtil enticements
of the flesshe, from the
heauie curse of ỹ law,
and fully perswaded
of thy mercifull good-
nes towarde me tho-
roughe faythe in thy
bonne Christe Jesu,
maye quietlye serue
ther

thée bothe bodily and ghostly in holines, and righteousnesse all the dayes of my life. Amē

LVC. IOA.

For fayth.

FOrasmuche as nothing pleaseth thée that is done without fayth, appeare it before the blinde worlde neuer so beautifull & commendable, but is counted in thy sight

sinfull and damnable, yea, the selfe sinne and damnation. This is most humbly to desire thee, O father, for Christes sake to breath into my hart by the holy spirit this moste precious & singuler gifte of fayth, which worketh by charitie, wherby also we are iustified and receyued into thy fa-

uour, that I truly be-
leuing in thee, & fully
persuaded of thy holy
worde, maye be made
thy son, and inheritour
of euerlasting glory,
throughe Jesu Christ
our Lorde. Amen.

SIMO.

IVDA.

For Charitie.

THy cognisance and
badge, wherby thy
Disciples are knowen
(O Lord and sauiour

Jesus Christ) is charitie or loue which cõmeth oute of a pure hart, & of a good conscience, & of fayth vnfayned, I pray thée therefore giue me this christen loue & perfect charitie, that I may loue thee my Lorde God with all my hart, with all my minde, with all my soule, and with all my

my ſtrength, doing al-
way of very loue that
only which is pleaſant
in thy ſighte: agayne,
that I maye loue my
neighbour and chriſti
brother as my ſelf, wi-
ſhing aſwell to him, as
to my ſelf, and ready at
all times to do for him
what ſo euer lyeth in
my power, that when
we al ſhal ſtand before
thy

thy dreadfull iudging place, I being knowen by thy badge, may be numbred among thy Disciples, & so through thy mercy receyue the reward of eternall glory. Amen.

For Patience.

WHen thou liuedst in this world, O Lorde Christe, thou shewedst thy selfe a

CHRI. PETR.

méere mirrour of per-
fect patience, suffering
quietly not ẏ spitefull
words, but also ẏ cru-
ell déedes of thy moste
cruell enemies, forge-
ning them, & praying
for them whiche most
tyrantlike hãdled thee.
Geue mee grace (O
thou most meeke & lo-
uing lambe of God) to
folowe thys thy pati-

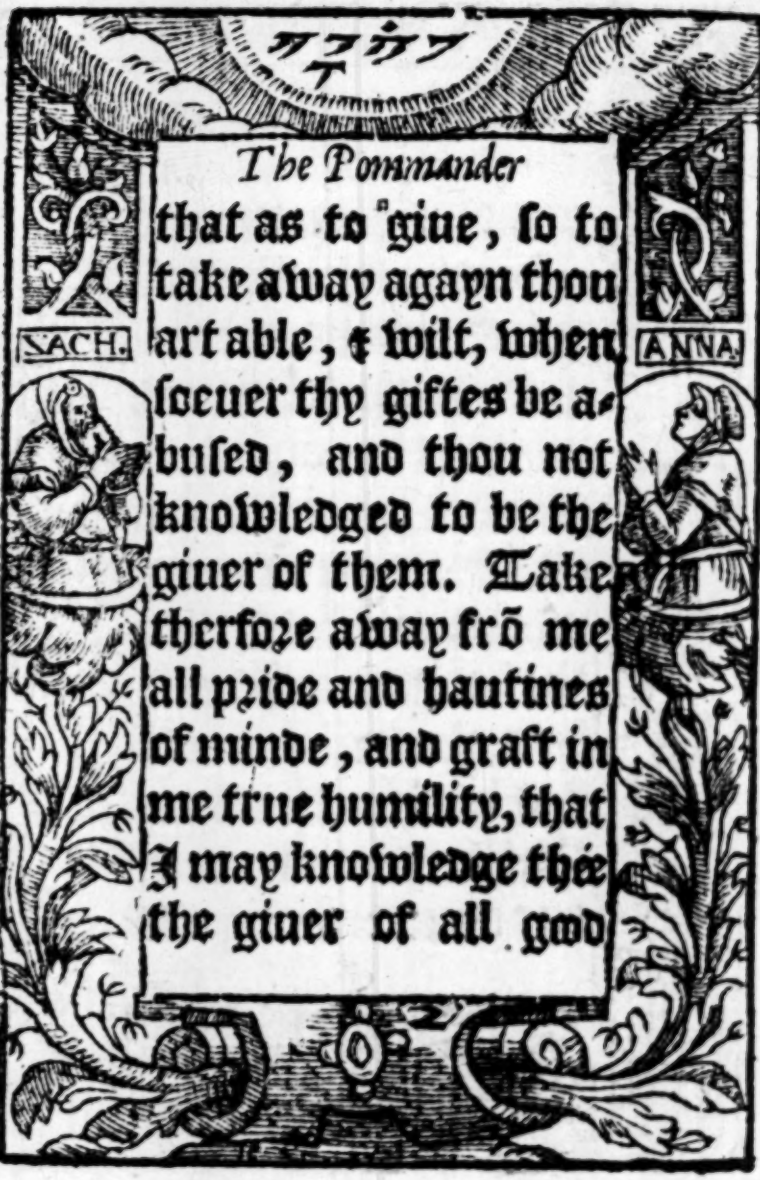
ence, quietly to beare the slanderous wordes of mine aduersaries, patiently to suffer the cruell deedes of mine enemies, to forgeue them, to pray for thē, yea, to doo good for them, & by no meanes to go about once to auenge my selfe, but rather geue place vnto wrath, seing that ven-

geance is thine, & thou
wilt reward, seing also
that thou helpest them
to their right that suf-
fer wrong, that I thus
patiently suffering all
euils, may afterwarde
reigne with thée in glo-
ry. Amen.

For Humilitie.

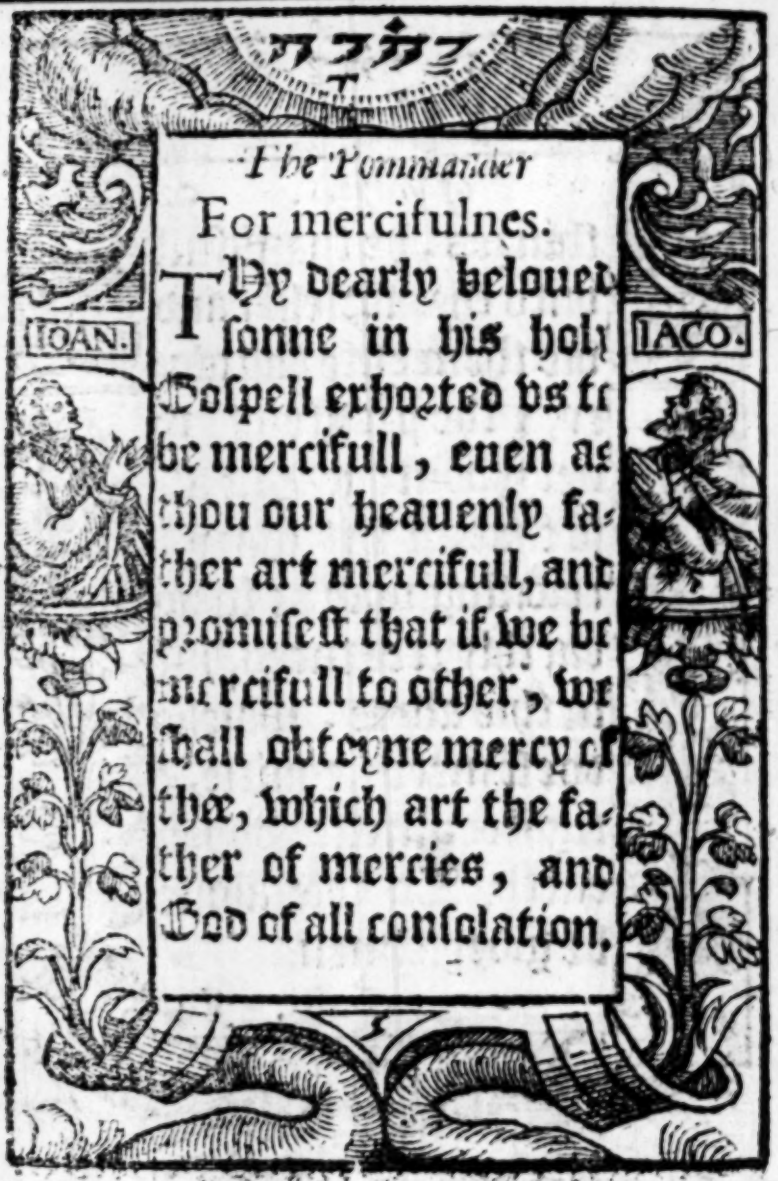
WHat haue we (O heauēly Father) that we haue not re-

ceyued: Euery good gift, & euery perfect gift is from aboue, & commeth down from thee, which art the Father of lights. Seeing then, all ỹ we haue is thine, whether it perteyne to the body, or to ỹ soule, how can we be proud, and boast ourselues of that which is none of our owne: seeing also



that as to ¶ giue, ſo to take away agayn thou art able, & wilt, when ſoeuer thy giftes be abuſed, and thou not knowledged to be the giuer of them. Take therfore away frō me all pryde and hautines of minde, and graft in me true humility, that I may knowledge thée the giuer of all good

thinges, be thankfull vnto thée for thē, and vse them vnto thy glory, & the profite of my neighbour: graunt also that all my glory & reioising may be in no earthly creatures, but in thée alone, whithe doest mercy, equitie, & righteousnesse vpon earth. To thée alone be glory. Amen.



The Pommander

For mercifulnes.

THy dearly beloued sonne in his holy Gospell exhorted vs to be mercifull, euen as thou our heauenly father art mercifull, and promisest that if we be mercifull to other, we shall obteyne mercy of thée, which art the father of mercies, and God of all consolation.

Graunt therfore that forasmuch as thou art our father, & we thy children, we may resemble thée in all our life and conuersation, and that as thou arte beneficial and liberal, not onely to the good, but also to the euil: so we likwise may shew our selues merciful, gentle, and liberall to

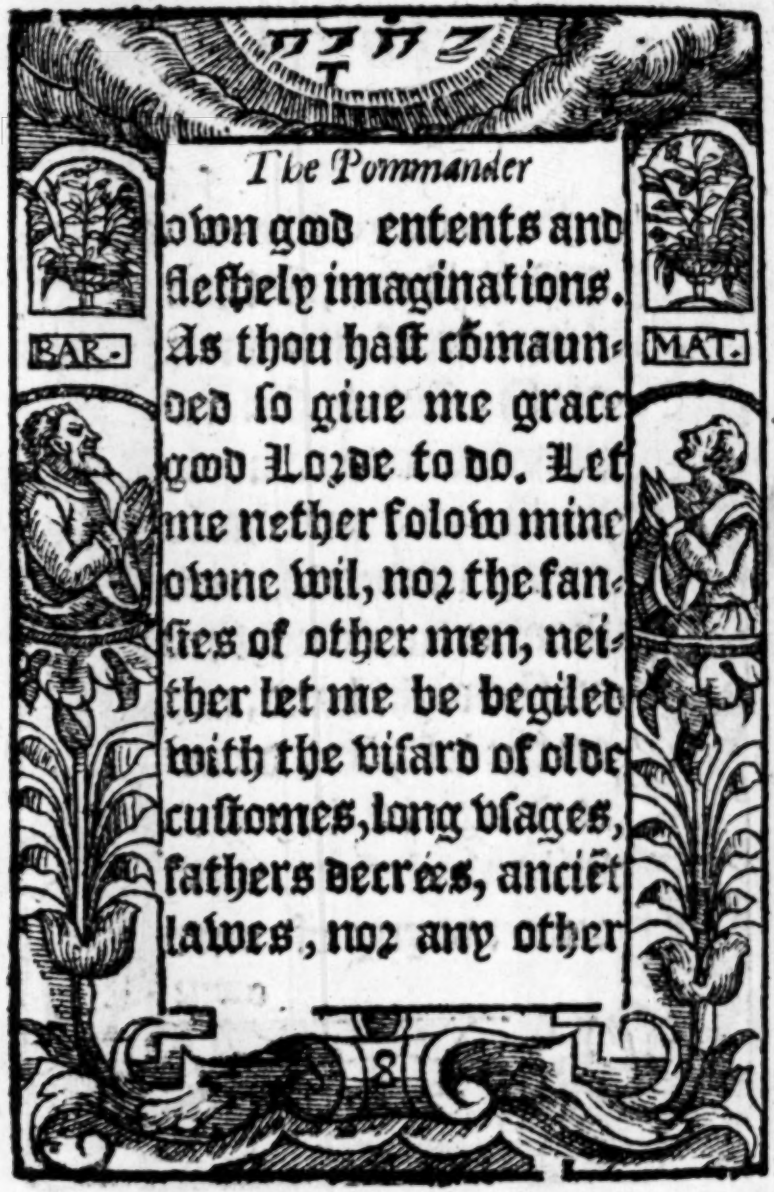
so many as haue néede of our help, that at the dreadfull day of dome we may be foũd in the number of those mercifull whom thou shalt appoynt by thy onely begotten sonne to go into euerlastyng lyfe, to whome wyth thée, and the holy Ghost be all honour and prayse. Amen.

IACO.

PHI.

For true godlines.

IN thy lawe, O thou maker of heauen & earth, thou haste appoynted vs a way to walke in, and haste commaunded that we shoulde turne neyther on the right hand, nor on the left, but do accordyng to thy good wil and plesure, with oute addyng of oure owne



own good entents and
fleshely imaginations.
As thou hast cõmaun-
ded so giue me grace
good Lorde to do. Let
me nether folow mine
owne wil, nor the fan-
sies of other men, nei-
ther let me be begiled
with the visard of olde
customes, long vsages,
fathers decrées, anciẽt
lawes, nor any other

thing ỹ fighteth with thy holy ordinãces, and blessed cõmandementes, but faythfully beleue, and stedfastly cõfesse that to be the true godlines which is learned in thy holy Bible, and according vnto the praise of thy holy name Amen.

For the true vnderstãding of Gods word.

O Lord

PAVL. SIMI.

O Lorde as thou alone art ye author of thy holy scriptures, so likewise can no man althogh neuer so wise, politike, and learned, vnderstande them, excepte he be taught by thy holy spirite, which alone is the scholemaster to leade ye faithfull into all truth. Vouchsafe therefore I moste

humbly beſeech thée to
breath into my harte
thi bleſſed ſpirit which
may renue ẏ ſenſes of
my mind, opē my wits
reuele vnto me ẏ true
vnderſtanding of thy
holy miniſteries, and
plant in me ſuch a cer-
ten & infallible know-
ledge of thy truth, ẏ no
ſubtill perſwaſion of
mans wiſedome may

pluck

pluck me frō thy truth
but that as I haue lerned the true vnderstāding of thy blessed wil, so I may remayne in the same continually, come life, come death, vnto the glory of thy blessed name. Amen.

For a life agreable to our knowledge.

AS I haue prayed vnto thée (O heauenly

uenly father) to be tau-
ght the true vnderstã-
ding of thy blissed word
by thy holy spirite, so I
moste entirely beseech
thée, to giue me grace
to leade a life agreable
to my knowledge. Suf
fer me not to be of the
number of them which
profes that they know
god with their mouth,
but deny him w̄ their

MAT.

MAR.

dedes. Let me not be like vnto that sonne, which said vnto his father, ỹ he would labor in his vineyarde, & yet labored nothing at al, but went abrode loytering idely. Make me rather like vnto ỹ good and fruitful land, which the yeldeth againe hir seede with greate increase, that men seing

my good workes, may glorifie thee my heauenly father. Amen.

¶ For the health of the body.

I Feele in my selfe, O mercyfull Sauiour, howe greeuous a prison thys my body is vnto my soule, whiche continually wisheth to be loosened oute of this vile carkasse, & to come

vnto thée, seing it hath here no rest, but is at euery houre vexed wt the filthy lustes of the flesh, with the wicked assaultes of the diuell and the world, and is neuer at quiet, but alway in daunger to be ouercome of hir enemies, were it not preserued of thy goodnes by the ministerie and

seruice done of thy holy Angels. Notwithstanding, O mooste louing Lord, forasmuche as it is thy good pleasure, that my body and soule shall stil remayne here togither as yet in this vale of misery: I beseech thee to preserue my soule from al vice, and my body frõ al sickenes, ỹ I enioying through

thy benefite, the health both of body and soule, may be the more able to serue thee, and my neibour in such works as are acceptable in thy sight. Amen.

AMO. AND.

For a good name.

NOthing becõmeth the professour of thy name better (O heauenly father) then so to behaue him selfe

acco2ding to his p2ofes-
sio, tl at he may be wel
repo2ted of them that
be of the houſeholde of
faith, yea ſuch ſinceri-
tie and purenesſe of
lyfe ought to be in thi
which p2ofeſſe thy ho-
ly name, that the very
Aduerſaryes of thy
truth ſhoulde be aſha-
med once to mutter a-
gainſt them. Giue me

grace therfore I most intirely desire thee, so to frame my life accor-ding to the rule of thy blessed worde, that I may giue no man occasion to speake euill of mee, but rather so liue in my vocation, that I may be an ensample to other to liue godly and vertuously, vnto the honour and

prayse of thy glorious name. Amen.

¶ For a competent liuing.

ALthough I doubte not of thy fatherly prouision for this my poore and nedy life, yet forasmuch as thou hast both commanded, and taught me by thy dear son, to pray vnto thee for thinges necessarie

for thys my life, I am
bolde at this presente
to come vnto thy di-
uine Maiestie, moste
humbly beseching tha
that as thou hast ge-
uen me lyfe, so thou
wilt giue me meate &
drinke to sustayne the
same. Agayne as thou
hastte giuen me a bo-
by, so thou wilt geue
mee clothes to couer

BAR.

MAT.

it, that I hauing ſuf-
ficient for my liuing,
maye the more freely,
and with the quieter
minde apply my ſelfe
vnto thy ſeruice, and
honour. Amen.

¶For a patient and
thankful hart in
ſicknes.

WHom thou loueſt
(O Lorde) hym
doeſt thou chaſten, yea

euery

euery sonne that thou receyuest, thou scourgest, and in so doing thou offerest thy selfe vnto him, as a father vnto his sonne. For what sonne is he whō the father chastneth not? Graunt therfore I moste hartily pray thee, that whensoeuer thou layest thy crosse on me, and visitest me

with thy louing ſcurge of ſickneſs, I may by no meanes ſtriue againſt thy fatherly pleaſure, but patiently & thankfully abide thy chaſtiſement, euer being perſwaded that it is for the health both of my body & ſoule, and that by this meanes thou worke ſt my ſaluation, ſubdue ſt the fleſh vnto

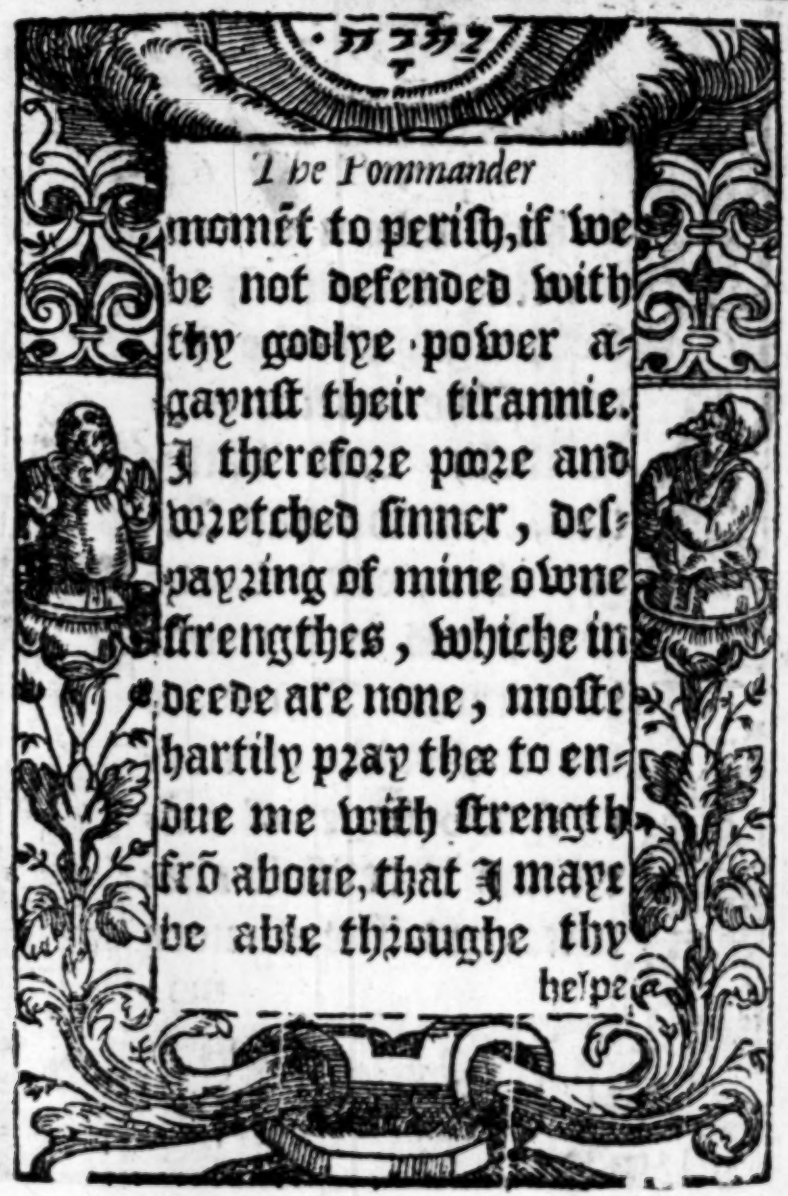
the

the spirite, and makest me a newe creature, that I may hereafter serue thee the more freely, and continue in thy fear vnto my liues ende. Amen.

¶ For strēgth agaynst the diuel, the vorld, and the flesh.

O Lord God, the diuell goeth aboute like a roaring Lyon,

seeking whom he may deuour. The flesh lusteth agaynst the spirite. The worlde perswadeth vnto vanyties, that we may forget thee, oure Lorde God, and so for euer be damned. Thus are we miserably on euery syde besieged of cruell and vnrestfull enemies, and like at euery mo-



mom̃ẽt to perish, if we
be not defended with
thy godlye power a-
gaynst their tirannie.
I therefore pore and
wretched sinner, des-
payring of mine owne
strengthes, whiche in
deede are none, moste
hartily pray thee to en-
due me with strength
frõ aboue, that I maye
be able throughe thy
helpe

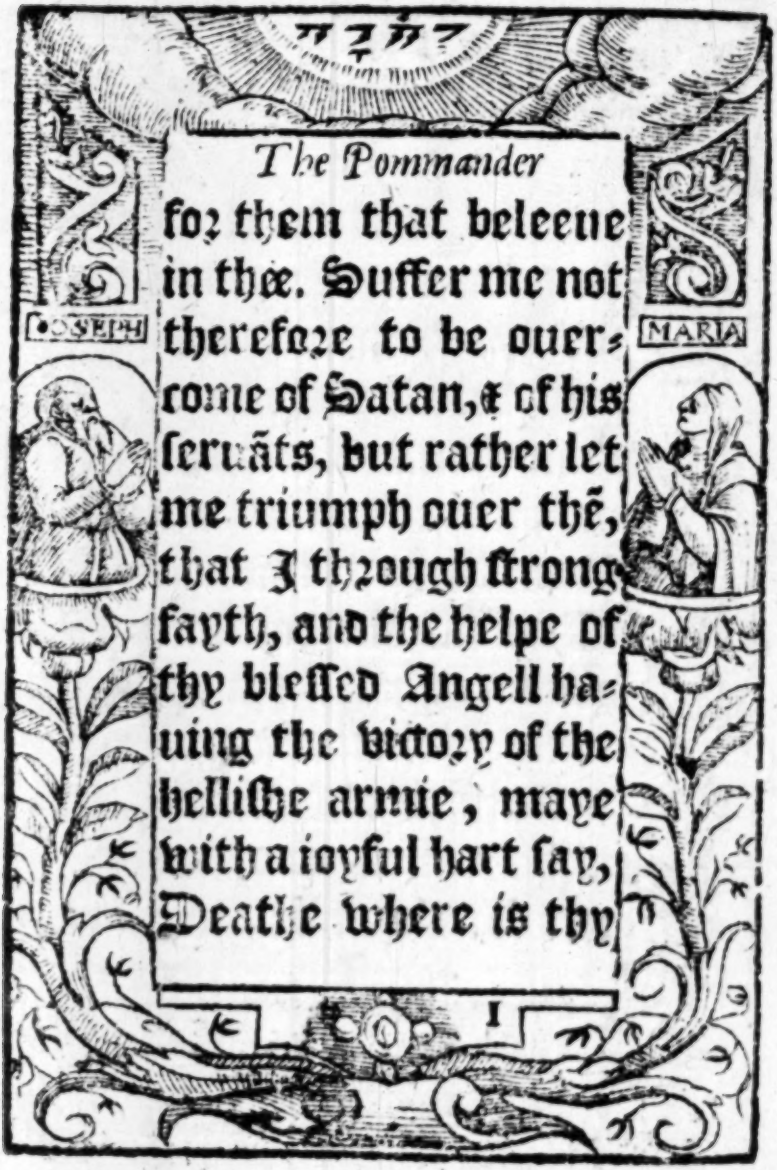
help with strong fayth to resist Satan, with feruent prayer to mortifie the raging lustes of the flesh, with continual meditation of thy holy law, to auoyd the foolishe vanities, and transitorie pleasures of this worlde, that I through thy grace beeing set at libertie from the power of mine ene

nies may liue & serue
thee in holinesse & righ-
teousnesse al the dayes
of my life. Amen.

For the helpe of Gods
holy Angels.

AN infinite number
of wicked Angels
are there (O Lorde
Christ) which without
ceasing seeke my de-
struction. Against this
encreading great multi-

tude of euill spirites, send thou me thy blessed and heauenly Angels, which may pitche their tents roũd about me, and so deliuer me from theyr tyrannie. Thou (O Lorde) hast deuoured hell, & ouercome ỹ prince of darknesse with all hys ministers, yea, and that not for thy selfe, but



for them that beleeue in thee. Suffer me not therefore to be ouercome of Satan, & of his seruãts, but rather let me triumph ouer thẽ, that I through strong fayth, and the helpe of thy blessed Angell hauing the victory of the hellishe armie, maye with a ioyful hart say, Deathe where is thy

sting? Hell where is thy victory? and so for euer & euer magnifie thy holy name. Amen.

¶ For the glory of heauen.

THe ioyes (O Lord) whiche thou haste prepared for them that loue thee, no eye hath seene, no eare hathe heard, neyther is any hart able to think. But

as the ioyes are great and vnspeakable, so are there fewe that do enioy them. For streight is the gate, & narrowe is the way, which leadeth vnto lyfe, and fewe there be that finde it. Notwithstanding, O heauenly Father, thou hast a little flocke, to whom it is thy pleasure to giue the glorious

IACO.

PHI.

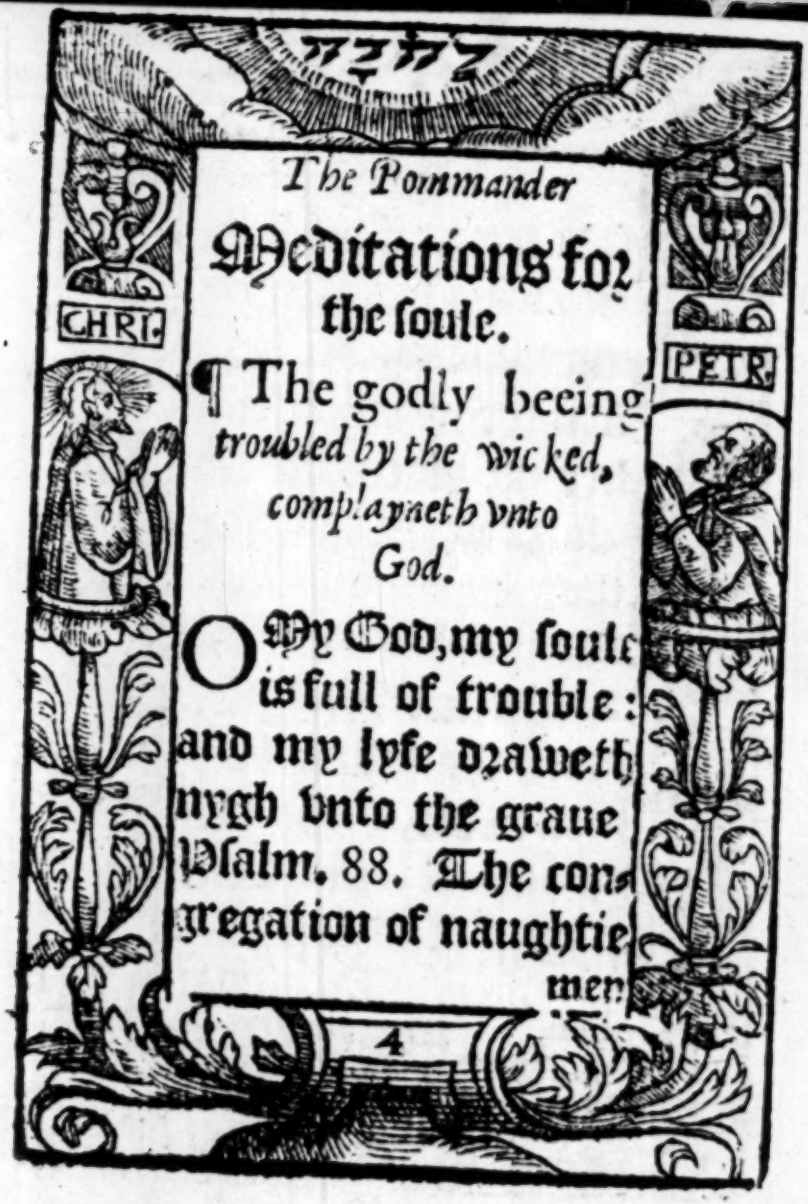
kingdome of heauen. There is a certayn nũber of shepe, that heare thy voyce, whõ no man is able to plucke out of thy hande, whiche shall neuer perishe, to whom also thou shalte geue eternall lyfe: Make me therefore, O Lorde, of that number, whom thou from euerlasting hast predestinate to be

saued, whose names al
so are writtē in ỹ booke
of life: pluck me out of
the cõpany of the stin-
king Goates, whiche
shal stande on thy lefte
hand & be damned, and
place me among those
thy sheepe, which stand
on thy right hand, and
be saued. Graunte me
this (O mercifull Fa-
ther) for thy deare sons

SIMEO.

IAN-B.

ſake Jeſus Chriſt our
Lord. So ſhal I enioy-
ing this ſinguler bene
fite at thy hande, and
beeing placed in thy
glorious kingdome,
ſing perpetual praiſes
to thy godly Maieſtie,
which liueſt & reigneſt
with thy dearly belo-
ued ſonne, & the holy
ghoſt, one true & euer-
laſting God. Amen.



The Pommander

Meditations for the soule.

¶ The godly beeing *troubled by the wicked, complayneth vnto God.*

O My God, my soule is full of trouble: and my lyfe draweth nygh vnto the graue Psalm. 88. The congregation of naughtie men

men haue ſought af-
ter my ſoul, and haue
not ſette thee before
their eyes. 86. They
laye wayte for my
ſoule. 56. My God, my
ſoule is vexed within
mee: my ſoule is a-
mong Lions. 57. For
many ther be that ſay
of my ſoule, there is
no helpe for him in his
God. 3. They gather
them

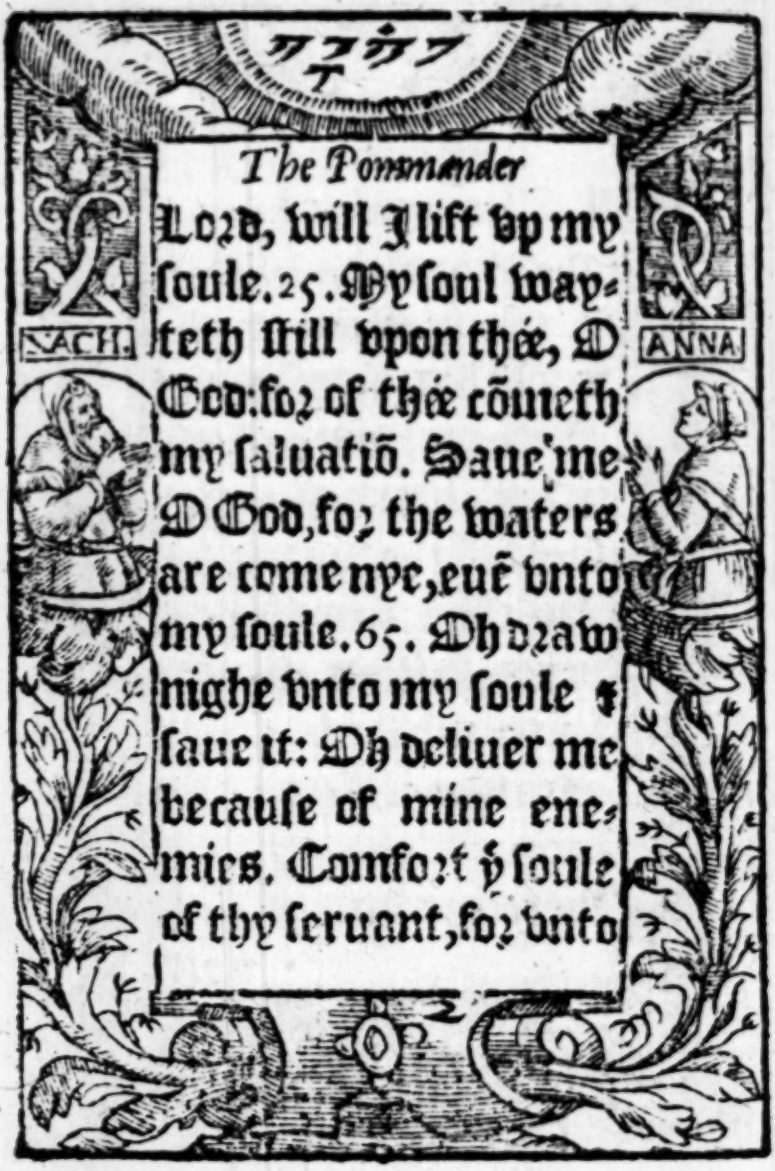
IOAN. IACO.

them selues together
against the soule of the
righteous, & condemne
the innocēt bloud. My
soule is sore troubled:
But Lorde how long
wilt thou punish me? 6
My soule is filled with
the scornfull reprose of
the wealthy, and with
the deceiptfulnesse of
the proude. 123.

¶ The

¶ The godly beeing thus greeued, desireth God to be deliuered.

VP Lord, disapoynt them, and cast thē down, and deliuer my soul frō the wicked. 17. My God, my soule is vexed within me. Oh kéepe my soule & deliuer me. 25. My soule is brought low. 44. And therefore vnto thée, O Lord,



Lord, will I lift vp my
soule. 25. My soul wayteth still vpon thée, O
God: for of thée cõmeth
my saluatiõ. Saue me,
O God, for the waters
are come nye, euẽ vnto
my soule. 65. Oh draw
nighe vnto my soule &
saue it: Oh deliuer me
because of mine ene-
mies. Comfort ỳ soule
of thy seruant, for vnto

thee do I lifte vp my
soule. 86. For my soule
hath long dwelt amõg
them that be enimies
to peace. Oh Lorde I
beseche thee delyuer
my soule. 116. So shall
my soule flye vnto the
Lorde before the morn-
ning watch.

That God would dis-
may their enimies by
his promises.

O My God, say vnto my soule, I am thy saluation. Let them be confounded and put to shame, that seeke after my soul to destroy it. 35 Then shal my soule be ioyful in the Lord, and reioyce in hys saluation. Oh my soule, wayte still vpon God, for of him cōmeth my saluation.

¶ The godly expreſ-
ſeth how good God hath
beene vnto them.

LOrde thou haſte
brought my ſoule
out of hell. 30. And haſt
deliuered my ſoule frō
death. My ſoule hathe
earneſtly tarried for the
Lord. 31. My ſoule ſhall
make his boaſt of the
Lord: for the Lord deli
uereth the ſouls of his

seruaunts. 34. He that feareth the Lorde, hys soule shall dwell at ease. 25. He hath delyuered my soul in peace 55. and hath deliuered my soule frō death. 56. O my God, my soule hangeth on thee: thy right hand hath holden me. 63. O prayse our God, whiche holdeth our soul in life. 66. My

lippes will be fayne, when I singe vnto thee: and so will my soule, whom thou hast deliuered. 71. He shall preserue the soules of the pore, and shall deliuer their soules from wrong. 72. Greate is thy mercy towarde me for thou hastte deliuered my soule from the nethermosste hell. 86.

In the multitude of the sorrowes of myne harte, thy comfortes haue refreshed my soule. 93. Turne againe then vnto thy rest, O my soule: for the Lorde hath rewarded thée. Thou hast delyuered my soule from death, mine eyes from teares, and my feete from falling.

¶ The godlye geueth thanks for the great benefites, which God hath bestowed vpon thē.

PRayse thou ye Lord, O my soule prayse the Lorde. 104. For he satisfieth ye empty soule, & filleth the hungry soule wt goodnes. 107. praise ye Lord, O my soule, & al yt is within me prayse his holy name. 103. Praise ye

Lord, O my soule, and forget not all his benefites, whiche forgiueth all thy sinne, and healeth all thine infirmities, and saueth thy life from destruction, and Crowneth thée with mercy & louing kindenesse: therefore O my soule prayse thou the Lord. Prayse the Lord O my soule: while I

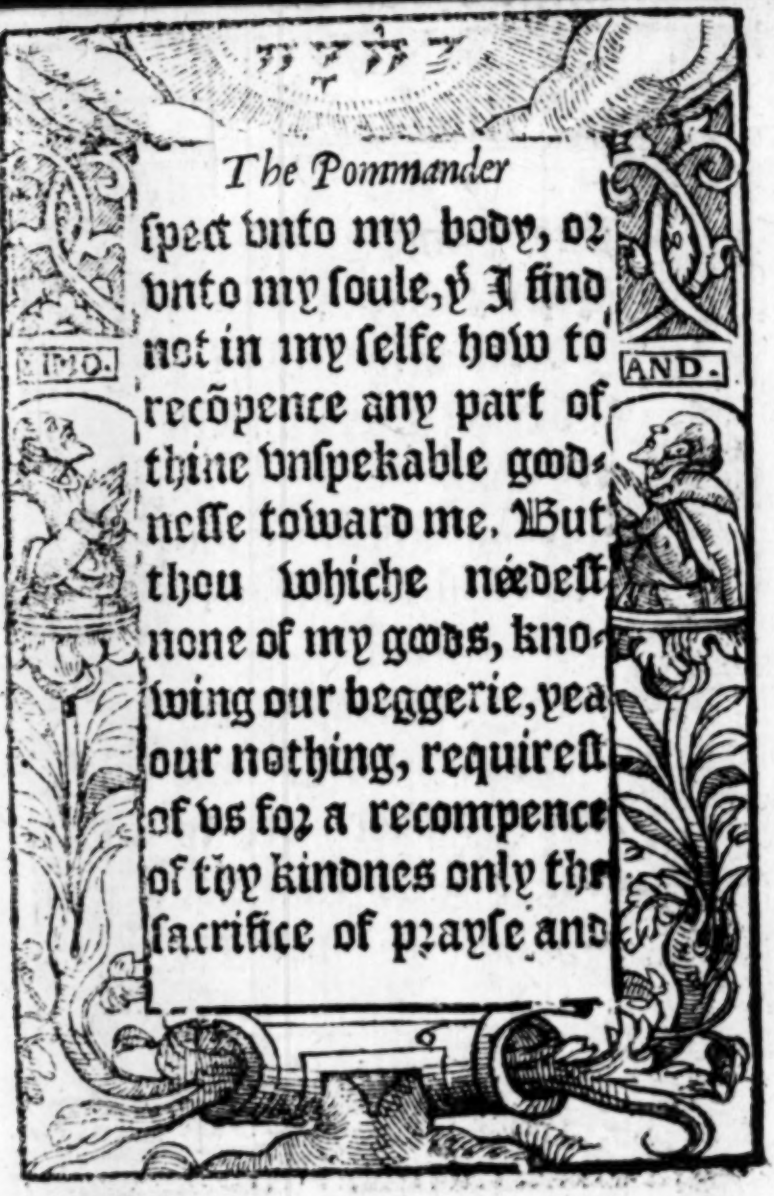
PAVL. SIMI.

liue I will prayse the Lorde: yea, as long as I haue any beeing I will sing prayses vnto my God.

¶ A thanksgiuing vnto God for all his benefites.

THy benefites towarde me (O most louing father) are so greate and infinite, whether I haue re-

ſpect vnto my body, or vnto my ſoule, ẏ I find not in my ſelfe how to recõpence any part of thine vnſpekable goodneſſe toward me. But thou whiche néedeſt none of my goods, knowing our beggerie, yea our nothing, requireſt of vs for a recompence of thy kindnes only the ſacrifice of prayſe and



IMO. AND.

thanksgiuing, O Lord and mercyfull father, what worthy thanks am I poore & wretched sinner able to geue thee? Notwithstãding trusting on thy mercy & fauorable kindnesse, I offer vnto thee in the name of Christ, ỹ sacrifice of praise, euer thãking thee most hartily for all thy benefites

whiche thou haste be-
stowed vpon me thine
vnprofitable seruant,
from the beginning of
my life vnto this pre-
sent houre, most hum-
bly beseeching thee to
continue thy louyng
kindnes towarde me,
and to giue me grace
to walk worthy of this
thy fatherly goodnesse,
that when thou shalte

cal me out of this care-
full life, I maye enioy
that thy moſt ſinguler
& laſt benefite, whiche
is euerlaſting gloyre
through Jeſus Chriſte
our Lord, to whom w̄
thee, & the holy Ghoſt
be al honour and praiſe
for euer & euer. Amen.

A prayer to our Lorde
Ieſus Chriſt, called
Conditor cœli & terræ.

The Pommander

MAT. MAR.

OH maker of heauē and earth, king of kings, and Lorde of Lords, whiche of nothing didst make me to thy Image & likenes, and didst redeme me with thine owne precious bloud: whom I a sinner & not worthy to name, nether to call vpon, nether with my hart to thinke vp-

son, humbly I desire thee, and meekly pray thee, that gently thou do behold methy wicked seruant, and haue mercy on me, whiche hadst mercy on ỹ woman of Canaan, and of Mary Magdalen, whiche diddest forgiue the Publicane and ỹ theefe hanging on the crosse. Unto thee I confesse

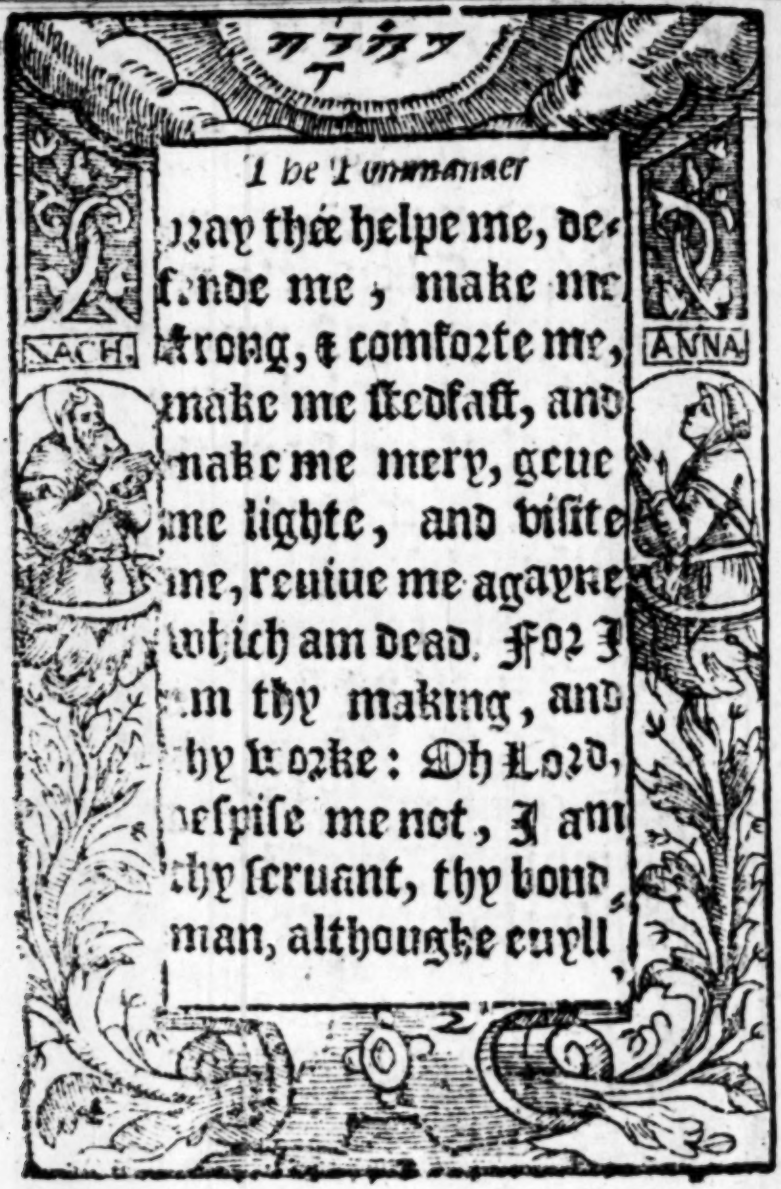
(O most holy Father) my sinnes, which if I would I can not hide from thee. Haue mercy on me, Christ: for I a wretch haue so ofte offended thee, in pride, in couetousnes, in glotony, in lechery, in vaynglorie, in hatred, in enuy, in adultrie, in theft, in spoyling, in dissolute and wanton laughing,

in

in idle wordes, in hea-
ring, in tasting, in thin-
king, in sleeping, in
working, & in al ways,
in whiche I a frayle
man, & most wretched
sinner might sinne. My
default, my most gree-
uous defaulte, there-
fore I moste humbly
pray and beseeche thy
gentlenes, whiche for
my healthe descended
from

from heauen, whiche
didst hold vp king Da-
uid, that he should not
fall into sinne. Haue
mercy on me, O Lord,
haue mercy on me (O
Christ) the which didst
forgiue Peter that did
forsake thee. Thou art
my Creator & my hel-
per, my maker and my
redeemer, my gouer-
nour, my father, my

Lord, my god, and my king. Thou arte my hope, my trust, my gouernour, my helpe, my comfort, my strength, my defence, my redemptiõ, my life, my health, and my resurrection. Thou art my stedfastnesse, my refuge, and succour, my light, and my helpe. I most humbly & hartily desire and



pray thée helpe me, de-
fende me, make me
strong, & comforte me,
make me stedfast, and
make me mery, geue
me lighte, and visite
me, reuiue me agayne
which am dead. For I
am thy making, and
thy worke: Oh Lord,
despise me not, I am
thy seruant, thy bond-
man, although euyll

althoughe vnworthy, and a sinner. But what so euer I am, whether I be eyther good or bad, I am euer thyne. Therefore to whome shall I flée, except I flée onely vnto thée? If thou cast me of, who shal or wil receyue me? If thou despise me, and turne thy face frō me, who shall

LVC.

IOA.

loke vpon me: recog
nise & knowledge me:
Although vnworth
comming to thee, al
though I be vile & vn
cleane, for if I be vyl
& vncleane, thou canst
make me cleane. If I
be sick, thou cãst heale
me. If I be dead and
buried, thou canst re-
uiue me. For thy mer
cy is much more than

nine iniquitie, thou
canst forgiue me more
than I can offende.
Therfore (O Lord) do
not consider, nor haue
respecte to the number
of my sinnes, but acco-
rding to the greatnes of
thy mercy forgiue me,
and haue mercy on me
most wretched sinner:
say vnto my soule, I
am thy health, whiche

IOSEPH

MARIA

saydst: I will not the death of a sinner, but rather that he lyue, and be conuerted, and turne to thée. Oh Lord be not angry with me, I pray thee most meke Father, for thy great mercy, I most humbly beseeth thée, that thou bring me to the blisse that neuer shal ceasse. Amen.

¶ A prayer to be sayd at the houre of death.

O Lord Jesu, whiche art the only health of all men liuing, and the euerlastyng lyfe of them whiche dye in thy faythe. I wretched sinner geue and submit my selfe wholly vnto thy moste blessed will. And I beeing

sure, that the thing can
not perish, which is cō-
mitted vnto thy mer-
cy: O Lord, geue me
grace, that willingly I
may leaue this frayle
& wicked flesh, in hope
of ỹ resurrectiō, which
in better wise shall re-
store it to me agayne,
I beseeche thée (most
mercifull Lorde Jesus
Christ) that thou wilt

by thy grace make
strong my soul against
al temptations: & that
thou wilte couer and
defende me wyth the
buckler of thy mercy,
against al the assaults
of the diuell. I see, and
knowledge that there
is in my selfe no helpe
of saluation. But all
my confidence, hope,
and trustis in thy most

mercifull goodnesse. I
haue no merites, nor
good workes, whiche
I may alledge before
thee. Of my sinnes,
and euill workes, alas,
I see a greate heape,
but through thy mer-
cye, I truste to bee in
the number of them,
to whome thou wilte
not impute their sin-
nes: but take and ac-

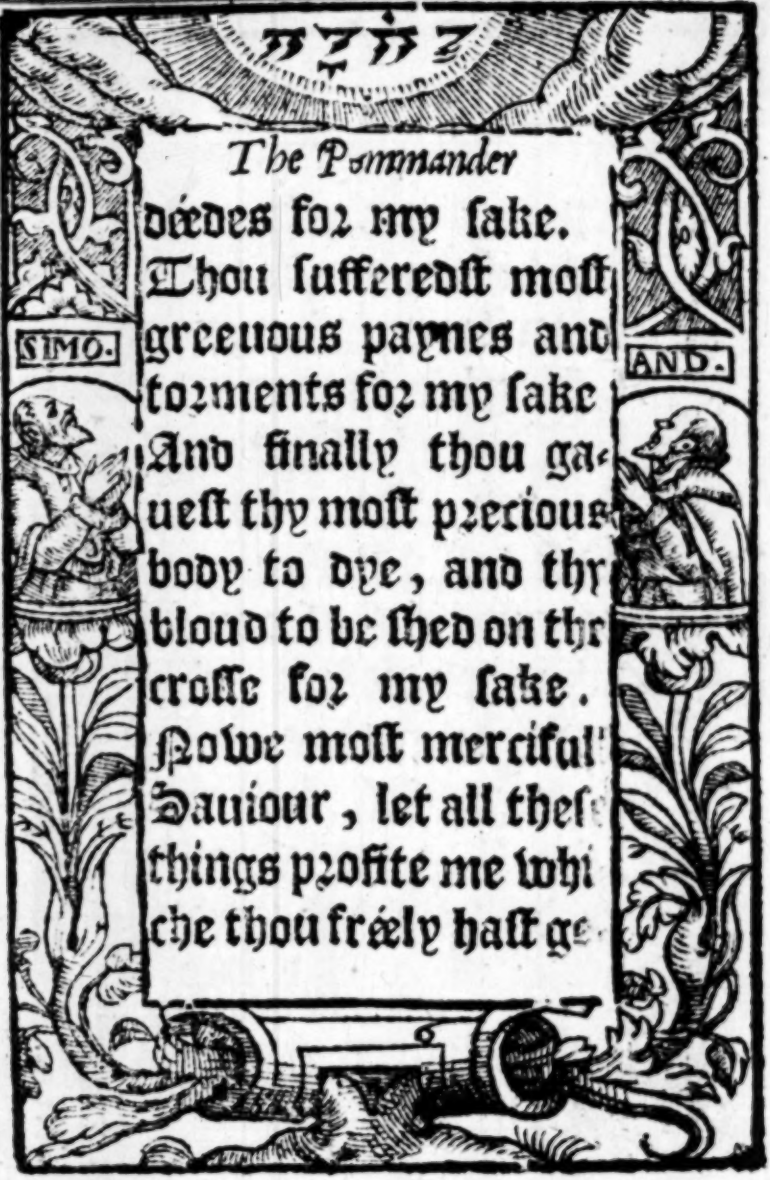
BAK.

MAT.

cept me for righteous and iuſt, and to be the enheritoure of euerlaſting life: thou merciful Lord waſt borne for my ſake, thou didſt ſuffer both hunger and thirſt, for my ſake, thou didſt preach and teache, thou didſt pray and faſte for my ſake, thou diddeſt all good woorkes and

deedes

dœdes for my sake.
Thou sufferedst most
greeuous paynes and
torments for my sake
And finally thou ga-
uest thy most precious
body to dye, and thy
bloud to be shed on the
crosse for my sake.
Nowe most merciful
Sauiour, let all thes
things profite me whi
che thou freely hast ge



uen me, that haſte ge-
uen thy ſelfe for me.
Let thy bloud cleanſe &
waſh away the ſpottes
& foulnes of my ſinnes.
Let thy righteouſneſſe
hide and couer mine vn-
righteouſneſſe. Let thy
merites of thy paſſion
and bloud be a ſatiſfac-
tion for my ſinnes: geue
mee Lorde thy grace,
that my fayth and ſal-

uation

uation in thy bloude, wauer not in me, but euer be firme and constant that the hope of thy mercy, and life euerlasting, neuer decay in me, that charity ware not colde in me: finally, that the weaknes of my fleshe be not ouercome with feare of death. Graunt me mercyfull Sauiour,

CHRI. PETR.

that when death hath shutte vp the eyes of my body, yet that the eyes of my soule may still beholde, and loke vpon thee, that when deathe hathe taken awaye the vse of my tongue, and speache, yet, that my heart may cry and say vnto thee:

In manus tuas Domine commendo Spiritum meum:

meum: that is to saye. O Lorde, into thy handes I geue, and committe my soule.

Domine Iesu accipe spiritum meum:

Lorde Jesu, receyue my soule vnto thee. Amen.

A thankf

A thankesgiuing vnto God for the departure of the faythfull out of this worlde.

O Howe can wee (most louing Father) render vnto thee sufficient thanks for thine inestimable goodnes toward thy faythfull seruants, whom thou calling oute of this wretched worlde,

vouchsafeste to place in thy heauenly kingdome among the glorious companie of thy holy Angels, and blessed Saincts. O full precious is the deathe of the faythfull in thy sighte. Blessed are the dead, that dye in thée (O Lorde) for they are at reste from theyr paynefull trauayles,

IACO. PHI.

and labours. The ſoules of the righteous are in thy hande, O God, and the payne of death ſhall not touche them. In the ſighte of the vnwiſe they appeare to dye, but they are in peace. They ſhine as the ſparkes, that run through ỹ red buſhe. They gliſter as the ſhining of heauen

They are as the ſtars
worlde withoute ende.
IOAN. They are as Angels of IACO.
God. They are clad w̄
white garmentes, and
haue golden crownes
vpō their heads. They
do ſeruice day & nighte
before the glorious
throne of thy diuine
Maieſtie. They nether
hunger nor thirſt any
more, neyther doth the

sunne or any heate fal vpon thē: for the lamb which is in the midst of the throne, gouerneth them, & leadeth them vnto the liuing fountaynes of waters: they follow the lambe whither so euer he goeth. They haue such ioyes as eye hath not seene, nor eare hath not hard, neyther is there anye

harte able to thinke them. Infinite and vnspeakable are the treasures (O Lord) which thou hast layde vp for them that departe in thy fayth. For thy fatherly benefites toward the soules of the faythfull, and for that it hath pleased thee to call our Christian brethren and sisters from

this vale of miſerie, vn
to thy heauenly king-
dome, we geue vnto
thee moſt hartie than-
kes, humbly beſechyng
thee, that thou wilte
take lyke care for vs,
and gouerne vs with
thy holy ſpirite, both in
ſickneſſe and in health,
that wée may lyue a
good and godly lyfe in
this preſent worlde:

and whē soeuer it shall
be thy good pleasure to
call vs hence, we may
with strong faythe in
thée, & in thy sonne Je-
su Christ our Lord, cō-
mende both our bodies
& soules into thy mer-
cifull hands, & through
thy goodnesse be placed
in thy glorious king-
dome among thy faith-
full chosen people, and

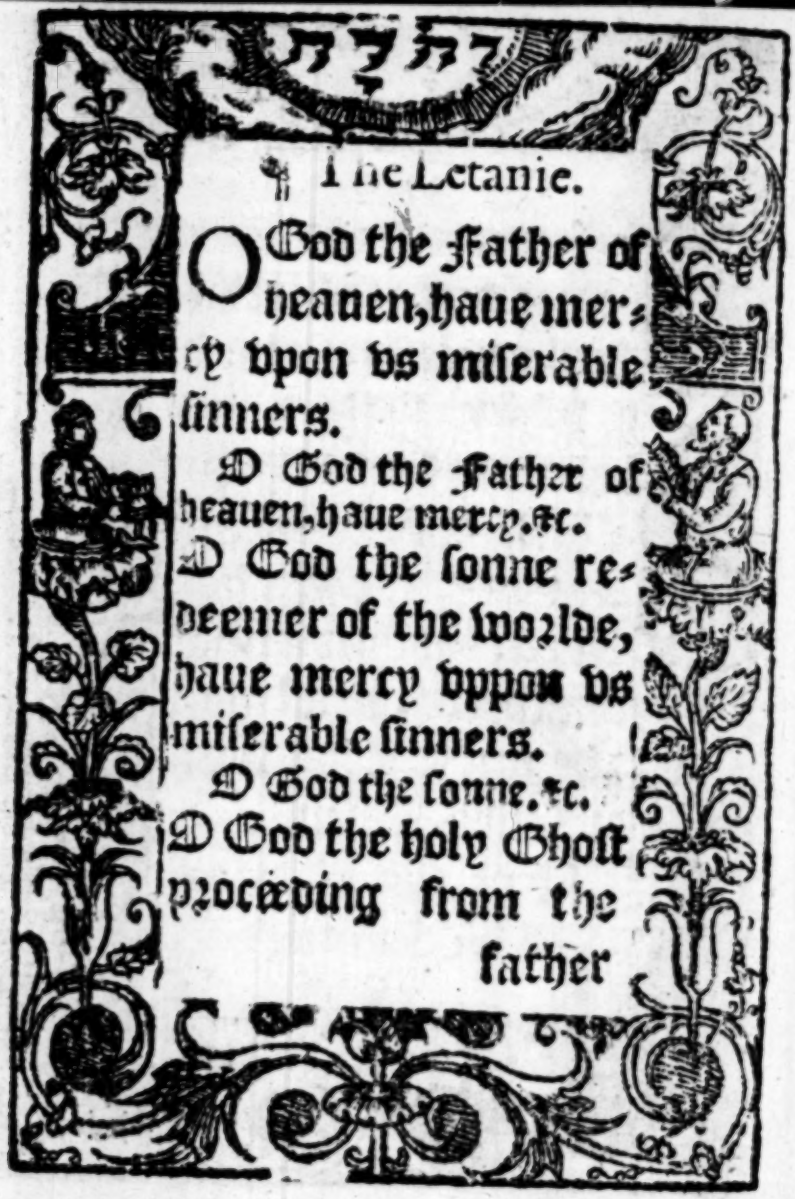
PAVL.

SIMI.

so for euer and euer
prayse & magnifie thée,
our heauenly Father,
to whō with thy dearly
beloued sonne Jesus
Christ our Lorde and
Sauiour, and the holy
Ghost, that most swéet
comforter, be all glory
& honor, worlds with-
out ende. Amen.

Geue the glory to
God alone.

W.b.



¶ The Letanie.

O God the Father of heauen, haue mercy vpon vs miserable sinners.

O God the Father of heauen, haue mercy. &c.

O God the sonne redeemer of the worlde, haue mercy vppon vs miserable sinners.

O God the sonne. &c.

O God the holy Ghost proceeding from the father

Father and the sonne: haue mercy vppon vs miserable sinners.

O God the holy. &c.

O holy, blessed, & glorious Trinitie, three persons and one God: haue mercy vpon vs miserable sinners.

O holy, blessed. &c.

Remember not Lorde our offences, nor the offences of oure forefathers,

fathers, neyther take thou vengeance of our sinnes. Spare vs good Lorde, spare thy people, whom thou haste redeemed wyth thy moste precious bloud, and be not angry with vs for euer.

Spare vs good Lorde.

From all euill & mischief, from sinne, from the craftes & assaultes of

of the diuell, from thy wrath, and from euerlasting damnation.

- Good Lord deliuer vs.

From all blindnesse of hart, from pride, vayneglory, and hypocrisie, from enuy, hatred, and malice, and all vncharitablenesse.

- Good Lord deliuer vs.

From fornication and all deadly sinne, and from

From all the deceiptes of the world, the flesshe and the diuell.

Good Lord deliuer vs

From lightnings and tempests, frō plague, pestilence, and famine from battel and murder, and from sodayne death.

Good Lord deliuer vs.

From all sedition and priuie conspiracie, frō

all

al false doctrine and he-
resie, from all hardnes
of harte, and contempt
of thy worde and com-
maundement.

Good Lord deliuer vs.

By the mysterie of thy
holy incarnation, by
thy holy natiuitie and
circumcision, by thy
baptisme, fasting, and
temptation.

Good Lord deliuer vs.

By

By thine agonie and bloudy swette, by thy crosse and passion, by thy precious death and burial, by thy glorious resurrectiō and ascen-tion, and by the com-mynge of the holye Ghost.

Good Lord deliuer vs.

In all tyme of our tribulation, in al time of our wealth, in the houre

houre of deathe, and in the daye of iudgement.

Good Lord deliuer vs.

We sinners do beseeche thée to heare vs (O Lorde God) and that it may please thée to rule and governe thy holy Churche vniuersally in the right way.

We beseeche thee too

heare vs good Lorde.

That it maye please thee to kéepe and strengthen in the true worshipping of thee, in ryghteousnesse and holinesse of lyfe, thy seruaunte Elizabeth our moste gracious Quéene and Gouernour.

BAR.

MAT.

We beseech thee. &c.

That it maye please thee

thee to rule her heart in thy fayth, feare, and loue, and that she may euermore haue affiance in thee, and euer seeke thy honour and glory.

We beseech thee. &c.

That it maye please thee to be her defender and keeper, giuing her the victorie ouer al her enemies.

We beseech thee. &c.

That it maye please thee to illuminate all Byshops, Pastours, and Ministers of the Churche, wyth true knowledge and vnderstanding of thy worde, and that both by their preaching and lyuing they maye set it forth, and shew it acordingly.

We beseech thee. &c.

That

That it maye please thee to endue the Lordes of the counsel, and all the Nobilitie, with grace, wisedome, and vnderstanding.

We beseech thee. &c.

That it maye please thee to blesse and keep the Magistrates, geuing thē grace to execute iustice & to mainteyne truth.

We beseech thee. &c.
That it maye please thee to blesse and keepe all thy people.

We beseech thee. &c.
That it maye please thee to geue to all nations vnitie, peace, and concorde.

We beseech thee. &c.
That it maye please thee too geue vs an hart to loue and dread thee,

IACO. PHI.

thee, and diligently to liue after thy cõmaundements.

We beseech thee. &c.

That it maye please thee too geue all thy people increse of grace to heare méekely thy word, and to receyue it with pure affectiõ, and to bring forth ẏ fruits of the spirite.

We beseech thee. &c.

Letany.

That it maye pleaſe thee to bring into the way of truth, all ſuche as haue erred and are deceyued.

We beſeeche thee. &c.

That it maye pleaſe thee to ſtrengthen ſuch as doo ſtande, and to comfort and helpe the weake harted, and to rayſe vp them that fal, and finallye to beate downe

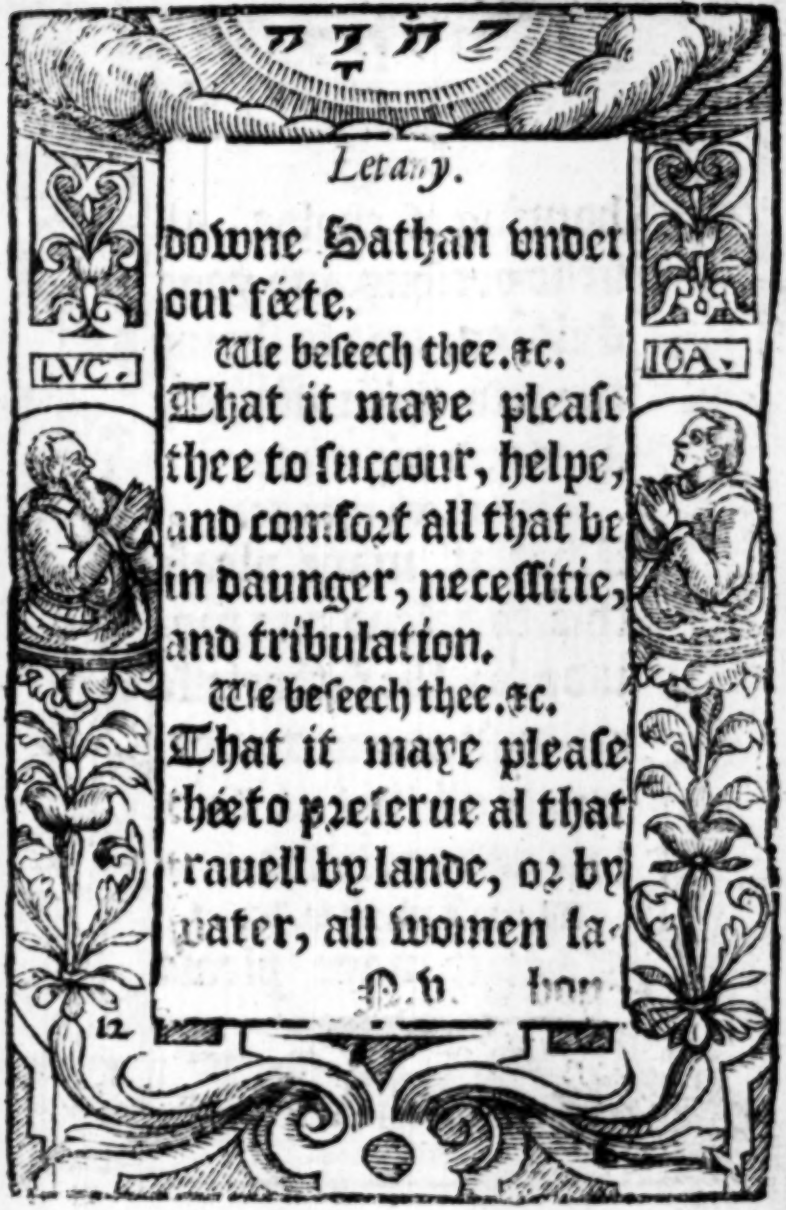
downe Sathan vnder our fæte.

We beseech thee. &c.

That it maye please thee to succour, helpe, and comfort all that be in daunger, necessitie, and tribulation.

We beseech thee. &c.

That it maye please thée to preserue al that trauell by lande, or by water, all women la-



bouring of chylde, all ſicke perſons, and yong chyldren, and to ſhewe thy pitie vpon all priſoners and captiues.

We beſeech thee. &c.

That it maye pleaſe thee to defend and prouide for the fatherleſſe children and widowes, and to all that be deſolate and oppreſſed.

We beſeech thee. &c.

That it maye pleaſe

thée to haue mercy vp
pon all men.

We beſeech thee.&c.

That it maye pleaſe
thee to forgiue our e-
nemies, perſecuters,
and ſlaunderers, and
to turne their harts.

We beſeech thee.&c.

That it maye pleaſe
thee to geue and pre-
ſerue to oure vſe the
kindly fruites of the
earth,

earthe, ſo as in due tyme we maye enioy them.

We beſeech thee. &c.

That it maye pleaſe thee to geue vs true repentaunce, to forgeue vs all our ſinnes, negligences and ignoraunces, and to endue vs wyth the grace of thy holye ſpirite, to amende our liues ac-

cor-

Letany.

coꝛdyng to thy holye woꝛde.

IOAN. We beseech thee. &c. IACO.

Sonne of God, we beseeche thee to heare vs.

Sonne of God, we. &c

O Lambe of God that takest away ꝑ sinnes of the woꝛld.

Graunt vs thy peace.

O Lambe of God that takest away ꝑ sinnes

of

of the world.

Haue mercy vpon vs.

O Christ heare vs.

O Christ heare vs.

Lorde haue mercy vpon vs.

Lord haue mercy. &c.

Christ haue mercy vpon vs.

Christ haue mercy. &c.

Lorde haue mercy vpon vs.

Lord haue mercy. &c.

¶ Our Father. &c.

And

And leade vs not into temptation.

But deliuer vs from euill. Amen.

The versicle.

O Lord deale not with vs after our sinnes.

Ansvvere.

Neyther rewarde vs after our iniquities.

Let vs pray.

O God mercifull father, that despisest not

not the ſighyng of a contrite harte, noꝛ the deſire of ſuche as be ſoꝛowfull, mercyfully aſſiſte our pꝛayers that we make beſoꝛe thée in al our troubles and aduerſities when ſo euer they oppꝛeſſe vs: and graciouſly heare vs, that thoſe euils, which the craffte and ſubtiltie of the Diuell, oꝛ man woꝛ-

worketh agaynſt vs,
be brought to nought.
and by the prouidence
of thy goodneſſe, they
may be diſperſed, that
we thy ſeruaunts be-
ing hurte by no per-
ſecutions, may euer-
more geue thanks vn-
to thee in thy holye
Church, throughe Je-
ſus Chriſt our Lorde.

O Lord ariſe, helpe vs,

and deliuer vs for thy names sake.

O GOD we haue heard with our eares, and our Fathers haue declared vnto vs the noble workes that thou diddest in their dayes, and in the olde tyme before them.

O Lord arise, helpe vs, and deliuer vs for thyne honour.

Glorye be to the Fa-

ther,

ther, and to the sonne, and to the holy Ghost. As it was in the beginning, is nowe, &c. Amen.

From our enemies defende vs, O Christ.

Graciously looke vpon our afflictions.

Pitifully beholde the sorowes of our harts.

Mercifully forgiue the sinnes of the people.

O.ij. Fa-

Fauorably with mer-
cy heare our prayers.

MAT.

O sonne of Dauid haue
mercy vpon vs.

Both nowe and euer
vouchsafe to heare vs,
O Christ.

MAR.

Graciously heare vs, O
Christ: graciously heare
vs, O Lord Christ.

O Lord, let thy mercy
be shewed vpon vs.

As we do put our trust
in thee.

Let

Let vs pray.

WE hũbly beseech thee (O Father) mercifully to looke vpon oure infirmities, and for the glorye of thy names sake turne from vs all those euils that we moste righteously haue deserued. And graunt that in all our troubles we may put our whole trust

confidence in thy mer-
cy, and euermore ſerue
thee in holynes & pure-
neſſe of liuing, to thy
honor & glory, through
our only mediator and
aduocate Jeſus Chriſt
our Lorde. Amen.

¶ A prayer for the
queenes Ma-
ieſtie.

O Lord our heauen-
ly Father, Kyng

of Kinges, Lorde of Lordes, the onely ruler of Princes, whiche doest from thy throne beholde all the dwellers vppon the earth: moste hartely we beseeche thee with thy fauour to beholde our moste gracious Soueraigne Ladye Queene Elizabeth, and so replenishe her wyth the

grace of thy holye ſpi-
rite, that ſhe maye al-
way incline to thy will
and walke in thy way.
Indue hir plentifully
with heauenly giftes:
graunte her in health
and welth long to liue:
ſtrength hir that ſhe
may vanquiſh & ouer-
come all hir enimies.
And finally after thys
life, ſhe maye attayne

euerlasting ioy & felicitie, through Jesus Christ our lord. Amē.

For rayne, if the time require.

O God heauenly father, which by thy sonne Jesus Christe hast promised to all them that seeke thy kingdome, and the righteousnesse therof, all thinges necessarie

to their bodily ſuſte-
naunce: ſende vs we
beſeeche thee in this
our neceſſitie ſuch mo-
derate rayne & ſhoures
that we may receyue
the fruites of the earth
to our comfort, and to
thy honour, throughe
Jeſus Chriſt our Lord
Amen.

For fayre vveather.

O Lorde God which

for

for the sinne of man, diddest once drowne al the worlde excepte eyghte persons, and afterwarde of thy greate mercy diddest promise neuer to destroy it so againe, we humbly beseech thee, that although we for oure iniquities haue worthily deserued this plague of rayne, and waters: yet vpon

our true repentance
thou wilt send vs such
weather, wherby we
may receiue the fruts
of the earth in due sea
son, and learne bothe
by thy punishment to
amende our liues, and
for thy clemency to
geue thee prayse and
glory, throughe Je-
sus Christ our Lorde.
Amen.

A prayer of Chri-
soſtome.

ALmightie GOD, which haſt giuen vs grace at thys tyme with one accorde to make oure common ſupplicatiõs vnto thee, and doſt promiſe, that when two or three be gathered in thy name, thou wilt graũt their requeſts: Fulfill now

(O Lorde) the desires and petitions of thy seruauntes as may be most expedient for thē: graunting vs in thys world the knowledge of thy truth, and in the worlde to come, life euerlasting. Amen.

In the time of dearth and famine.

O God heauenly father, whose gifte is

is that the rayne dothe fa'l, the earth is fruitfull, beastes increace, and fyshes do multiplie. Beholde we beseeche thee, the afflictions of thy people, and graunt that the scarcitie and dearth, which we do nowe most instly suffer for oure iniquitie, maye throughe thy gwdnesse be mer-

eyfullye turned into
cheapneſſe and plenty,
for the loue of Jeſus
Chriſt oure Lorde: to
whom with thee, and
the holy Ghoſt, &c.

Or thus.

O God mercifull fa-
ther, whiche in the
time of Heliſeus the
Prophete diddeſt ſo-
denly turne in Sama-
ria, great ſcarſitie and
dearth

dearth, into plēty and extreme famine into abundance of victual: haue pitie vpō vs that now be punished for our sinnes, with lyke aduersity, encrease the fruites of the earth by thy heauenly benedic-tion. And graunt that we receiuing thy boū-tifull liberalitie, maye vse the same to thy

glory, our cõforte, and
reliefe of oure nædie
neighboures, through
Jesus Christe oure
Lorde. Amen.

In the time of vvarre.

O Almightie God,
king of all kings,
and gouernour of all
things, whose power
no creature is able to
resist, to whome it be-
longeth iustlye to pu-

nishe

niſhe ſinners, and to
be merciful vnto them
that truly repent: ſaue
and deliuer vs we hũ-
bly beſeech thee, from
the handes of our ene-
mies, abate their pride,
aſſwage their malice,
and confounde their
deuyſes, that wee bee-
ing armed wyth thy
defence, maye be pre-
ſerued euermore from

all perils, to glorifie thee, which art the only geuer of all victory: through the merites of thy onely sonne Jesus Christ our Lord. Amē.

¶ In the time of any common plague or sickneſſe.

O Almightie GOD whiche in thy wrath, in the tyme of king Dauid didſt slay

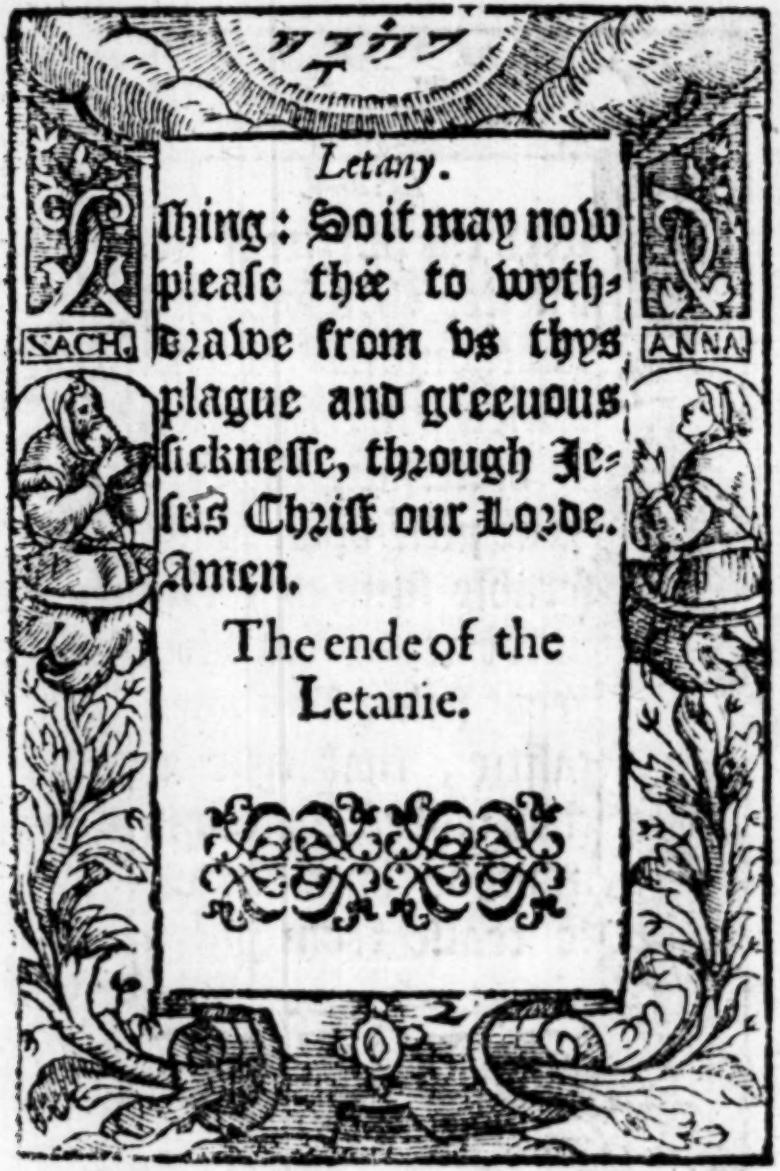
SIMO.

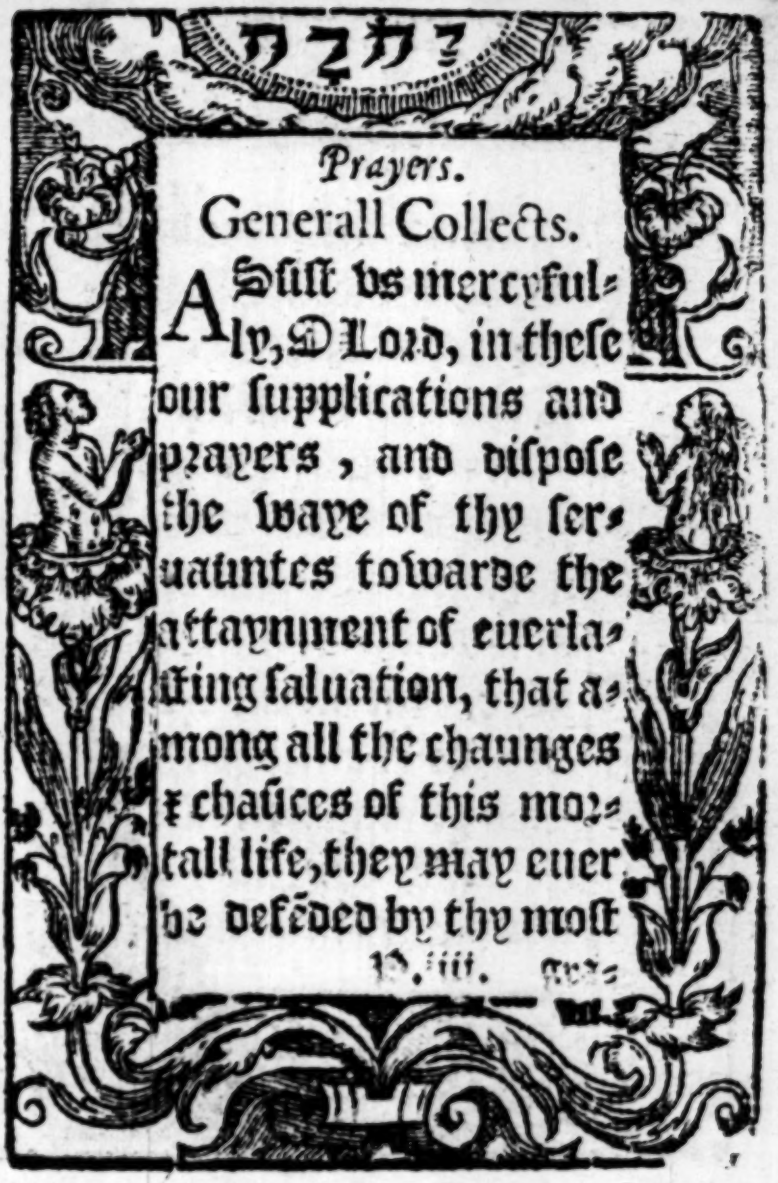
IVDA.

with the plague of pe-
ſtilence threeſcore and
ten thouſande, and yet
remembring thy mer-
cy didſt ſaue the reſt,
haue pitie vpon vs mi-
ſerable ſinners, that
nowe are viſited with
great ſickneſſe & mor-
talitie, that lyke as
thou diddeſt then com-
maunde thine Angels
to ceaſſe from puny-

thing: So it may now please thée to wyth-drawe from vs thys plague and greeuous sickneſſe, through Ie-sus Chriſt our Lorde. Amen.

The ende of the Letanie.





Prayers.

Generall Collects.

ASsiſt vs mercyfully, O Lord, in theſe our ſupplications and prayers, and diſpoſe the waye of thy ſeruauntes towarde the attaynment of euerlaſting ſaluation, that among all the chaunges & chaſices of this mortall life, they may euer be defēded by thy moſt

gracious and readie helpe, through Christ our Lorde. Amen.

MAT.

MAR.

PReuent vs, O Lord in all oure doings with thy moste gracious fauour, & further vs with thy continual helpe, that in all oure woorkes begun, continued, & ended in thée, we maye glorifie thy holy name, and finally

prayers.

by thy mercy obteyne euerlasting life throughe Jesus Christ our Lorde. Amen.

ALmightie GOD, the fountayne of all wisedome, whiche knowest oure necessities before we aske, and our ignorance in asking: we beseeche thée to haue compassion vppon our infir-

nities, and those thinges which for our vnworthynesse we dare not, and for our blindnesse we can not aske, vouchesafe to geue vs for the worthinesse of thy sonne Iesus Christ our Lord. Amen.

The ende of the Collects.

A thanksgiuing vnto God for the safe deliuerie of vvomen with childe.

AMonge other thy benefites, yea, and those innumerable, whiche thou dayly bestowest vppon vs thy needie and poore creatures, this is not the least (O moste mercyfull Father) that thou

of thy tender goodnes doest vouchsafe for the conseruation of mankinde to preserue the women that are with childe, and to geue the safe delyueraunce of their burden, by thys meanes making them glad & ioyful mothers. For this thy benefite and good will towarde vs, we so hartily thãke

thée, as hart can think, beseching thée to worke such thankfulnesse in the hartes of all mothers by thy holy spirit, that they being not vnmindful of this high benefite of their safe deliuerance wrought onely by the Sauiour of all mankinde, may shew thēselues thankfull vnto thée, for this

thy

thy goodnesse, and ne-
uer forgette that thy
present helpe, & moste
swéete comfort, which
thou mercifully she-
wedst vppon them in
their great trauels, la-
bours and paynes,
whē they fled vnto thy
holy name for succour,
as vnto a strong bul-
warke, & holy defence.
Go forth, O Lorde, to

make them the ioyfull mothers of many chil-drẽ. Endue them with long life, that they may sée their childrens chil-dren. And the children that thou geuest vn-to them, make thou as in age, so lykewise in wysedome, and in the aboundaunce of thy holy spirite to en-crease that they may

haue

haue fauour both with thée, and with all good men, vnto the glory of thy most blessed name. Amen.

MA.M.

MA.I.

¶ A priuate prayer for vvomen to say when they are deliuered of childe.

O Almightie GOD, which onely hast deliuered by thy wonderfull worke, me thy hum-

humble ſeruant from the greate payne and peril of my childbirth: Graunte me nowe I beſeech thée, moſt mercyfull father, that I through thy help may both faythfully liue & walk in my vocation, according to thy will, in this preſente lyfe. And graunt throughe thy deare ſonne Jeſus

Chriſt, that when the dayes of this my pilgrimage ſhalbe ended I maye reſte in thy peace, in thy heauenly kingdome, Amen.

O Almightie Lorde, & euerliuing God, vouchſafe we beſeeche thee to direct, ſanctifie, and gouerne both our hartes and bodies in the ways of thy lawes, and

and in the workes of thy commaundementes: that throughe thy moste mightie protection, bothe heere and euer wee maye be preserued in body & soule: through our Lorde and sauiour Jesus Christ. Amen.

GRaunt we beseech thee Almyghtye God, that the wordes

whiche we haue heard this day with our outwarde eares, may thoroughe thy grace be so grafted inwardlye in our hartes, that they may bring forth in vs the fruites of good liuing, to the honor and prayse of thy name: throughe Iesus Christ our Lorde. Amen.

Prayers.

ALmightie GOD, which haſt promiſed to heare the petitions of them that aſke in thy ſonnes name: we beſeech thée mercifully to encline thyne eares to vs that haue made now our prayers and ſupplications vnto thee: and graunte that thoſe things whiche we haue faithfully

asked according to thy will, maye effectually be obteyned, to the relicfe of our neceſſitie, & to the ſetting forthe of thy glory: through Jeſus Chriſte oure Lorde. Amen.

TUrne thou vs, O good Lorde, and ſo ſhall we be turned: Bee fauourable (O Lorde) be fauourable

to thy people, whiche turne to thée in weeping, fasting, and prayeing: for thou art a mercifull God, full of compassion, long suffering, and of gret pitie. Thou spareſt when wee deserue punyshmente, and in thy wrathe thynkeſt vppon mercye. Spare thy people good Lorde, spare

them, and let not thy
heritage be brought
to confusion, heare
vs, O Lorde, for thy
mercy is great, and af-
ter the multitude
of thy mercies
looke vpon
vs.

FINIS.

PAVL.

SIMI.

¶ A Table of the Prayers conteyned in this Booke.

A Prayer for the Morning. 1.

A prayer for the Euening. 4

A prayer for the forgiuenes of sinnes. 6

A prayer vnto God the Father. 7

A prayer vnto God the Sonne. 8

A prayer vnto God the holy Ghost. 11

The Table.

A prayer to bee sayde o
Magistrates. 1
A prayer of the ministers
of Gods worde. 14
Of Subiects. 16
Of Fathers and Mo
thers. 18
Of Children. 19
Of Masters. 20
Of Seruaunts. 22
Of Maydes. 23
Of Singlemen. 26
Of Husbandes. 27
Of Wiues. 29
A prayer for women with
childe. 31
A thankesgiuing for their
Deli

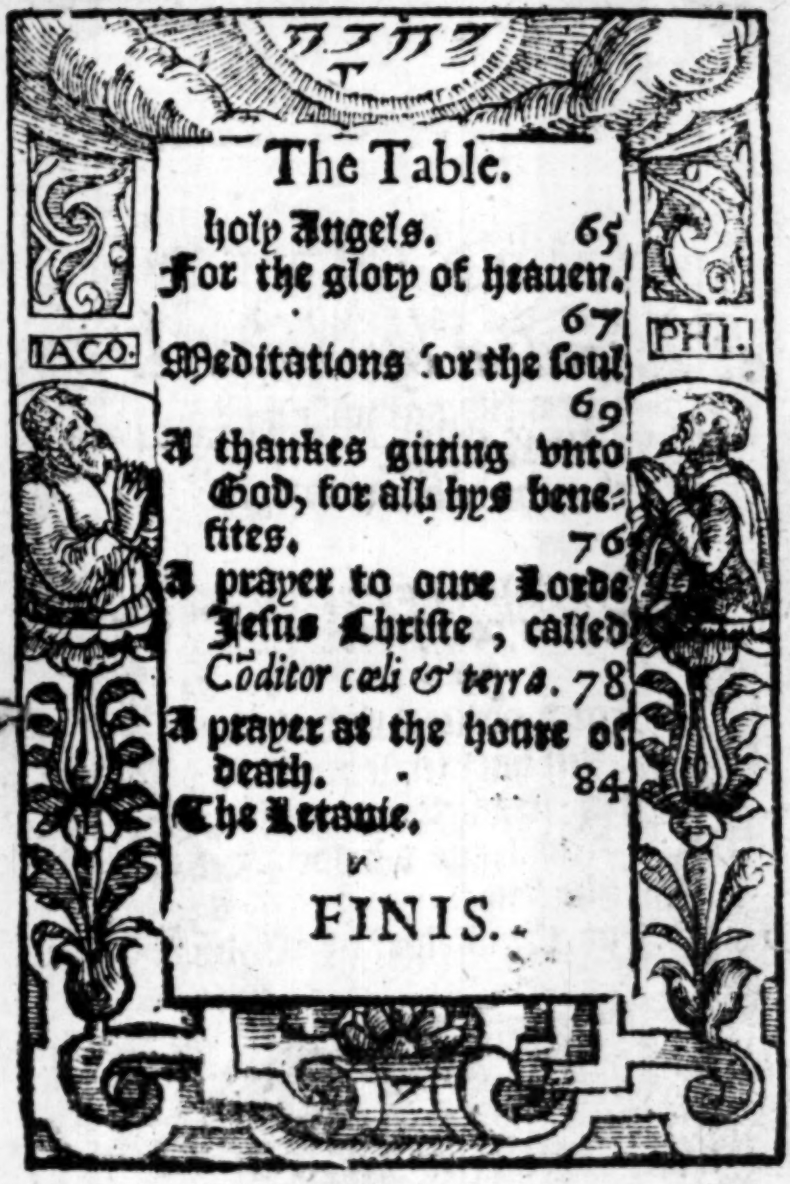
The Table.

deliueraunce is after the Letanie.
Of Housholders. 35
Of all Christians. 37
For the grace and fauour of God. 39
For the gifte of the holye Ghost. 40
For the true knowledge of our selues. 42
For a pure and a cleane harte. 44
For a quiet conscience. 45
For Fayth. 46
For Charitie. 47
For Patience. 49
For Humilitie. 50

For

The Table.

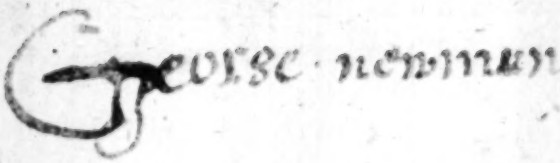
For mercifulneſſe. 52
For true godlineſſe. 54
For the true vnderſtan-
ding of Gods word. 55
For a life agreable to our
knowledge. 56
For the healthe of the bo-
dye. 58
For a good name. 59
For a competent liuing.
61
For a patient and thank-
full hart in ſickneſſe. 62
For ſtrength agaynſt the
diuell, the worlde, and
the fleſh. 63
For the helpe of Gods
holy



The Table.

holy Angels. 65
For the glory of heauen. 67
Meditations for the soul 69
A thankes giuing vnto God, for all hys benefites. 76
A prayer to oure Lorde Jesus Christe, called Cōditor cœli & terra. 78
A prayer at the houre of death. 84
The Letanie.

FINIS.

IMPRINTED
at London by Iohn Day,
dvvelling ouer Alderſgate be-
neath S. Martins.

Cum priuilegio Regiæ Maieſtatis.
per decennium.